

University of Massachusetts Medical School

Expanding Excellence

Visiting Student Orientation Booklet



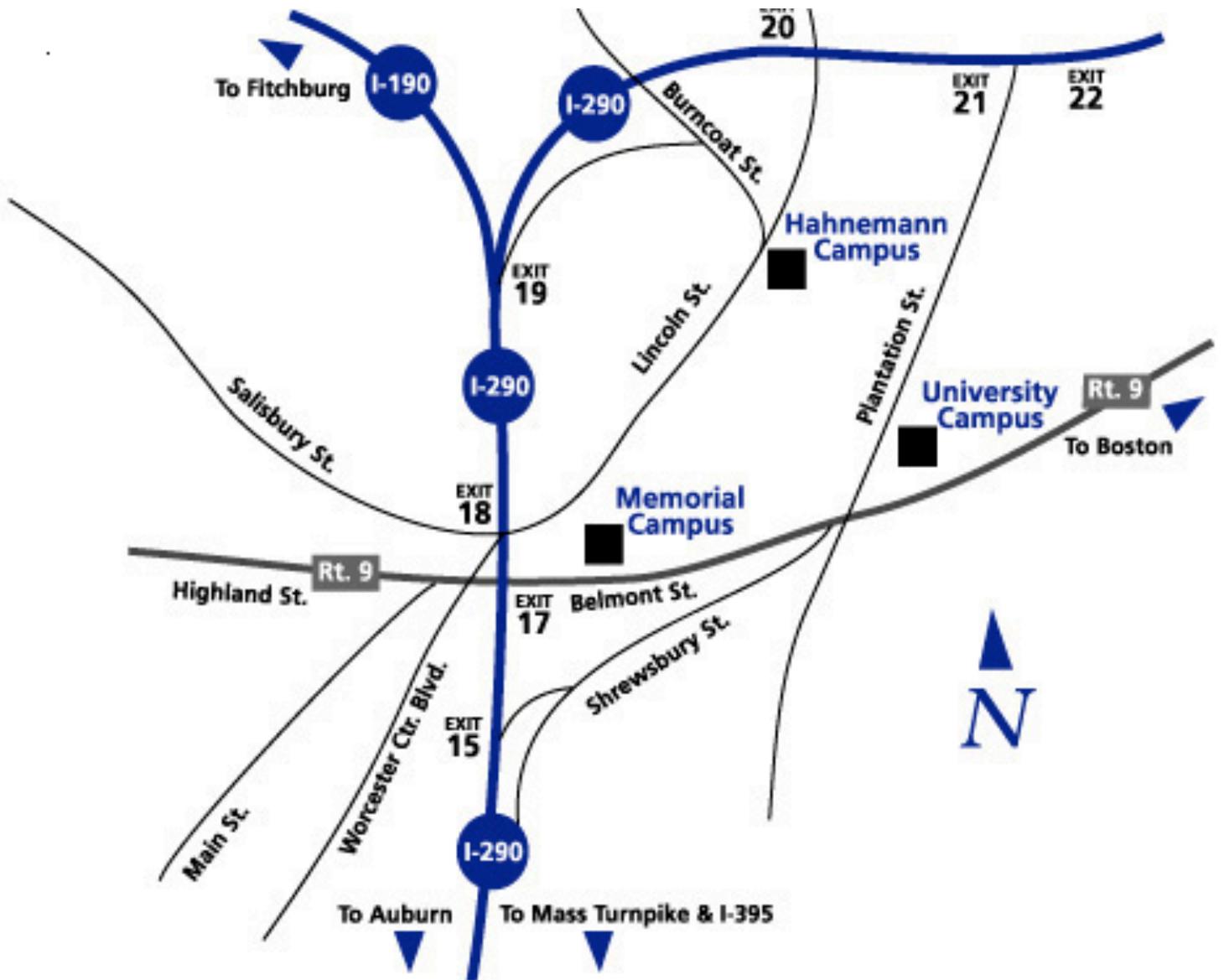
University of Massachusetts Medical School
55 Lake Avenue North
Worcester, MA 01655

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Three Campus Route Map

- University Campus
- Memorial Campus
- Hahnemann Campus



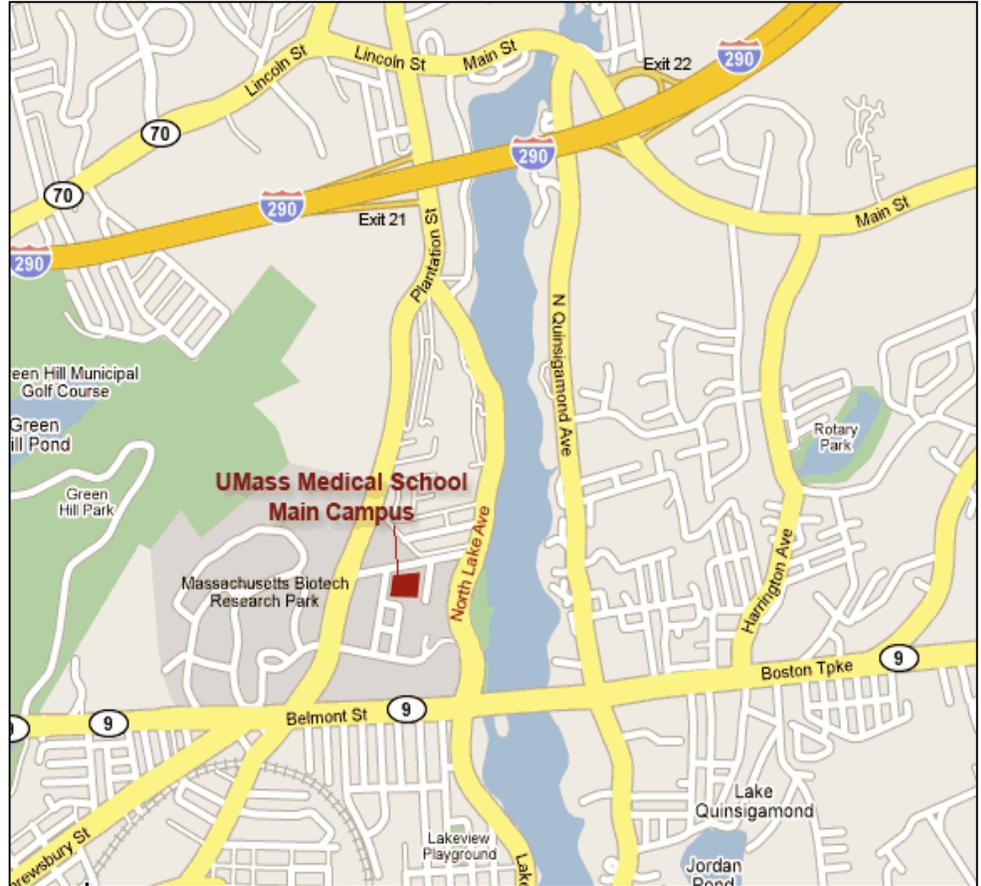
University Campus Directions

55 Lake Avenue North, Worcester, MA 01655
School #: 508-856-8989 -- Hospital #: 508-334-1000

From the east:

Take the Mass. Pike (Route 90) West to Exit 11 (Route 122). Take a left off the exit ramp onto Route 122 North (Grafton Street). At the intersection with Sunderland Road, take a right. At the first set of lights on Sunderland Road, take a left onto Lake Avenue and proceed for 2.5 miles. Get into the left lane at the intersection of Route 9 (Mr. Tux will be on left) and turn left. Get into the right lane. Turn right at the traffic light onto Plantation Street. University Campus is on the right.

Or: Take the Mass. Pike (Route 90) West to Exit 10. Take I-290 East to Exit 21. Turn right off exit onto Plantation Street. Go to third traffic light. University Campus is on the left.



From the west:

Take Mass. Turnpike East to Exit 10 (I-290 East). Take I-290 to Exit 21. Turn right off exit onto Plantation Street. Go to third traffic light. University Campus is on the left.

From the north:

Take I-495 South to Exit 25B (I-290 West). From I-290 West, take Exit 22 and turn right off exit. At third traffic light, turn left onto Plantation Street. Go to fourth traffic light. University Campus is on the left.

Or: Take I-190 South, follow signs for I-290 East to Exit 21. Turn right off exit onto Plantation Street. Go to third traffic light. University Campus is on the left.

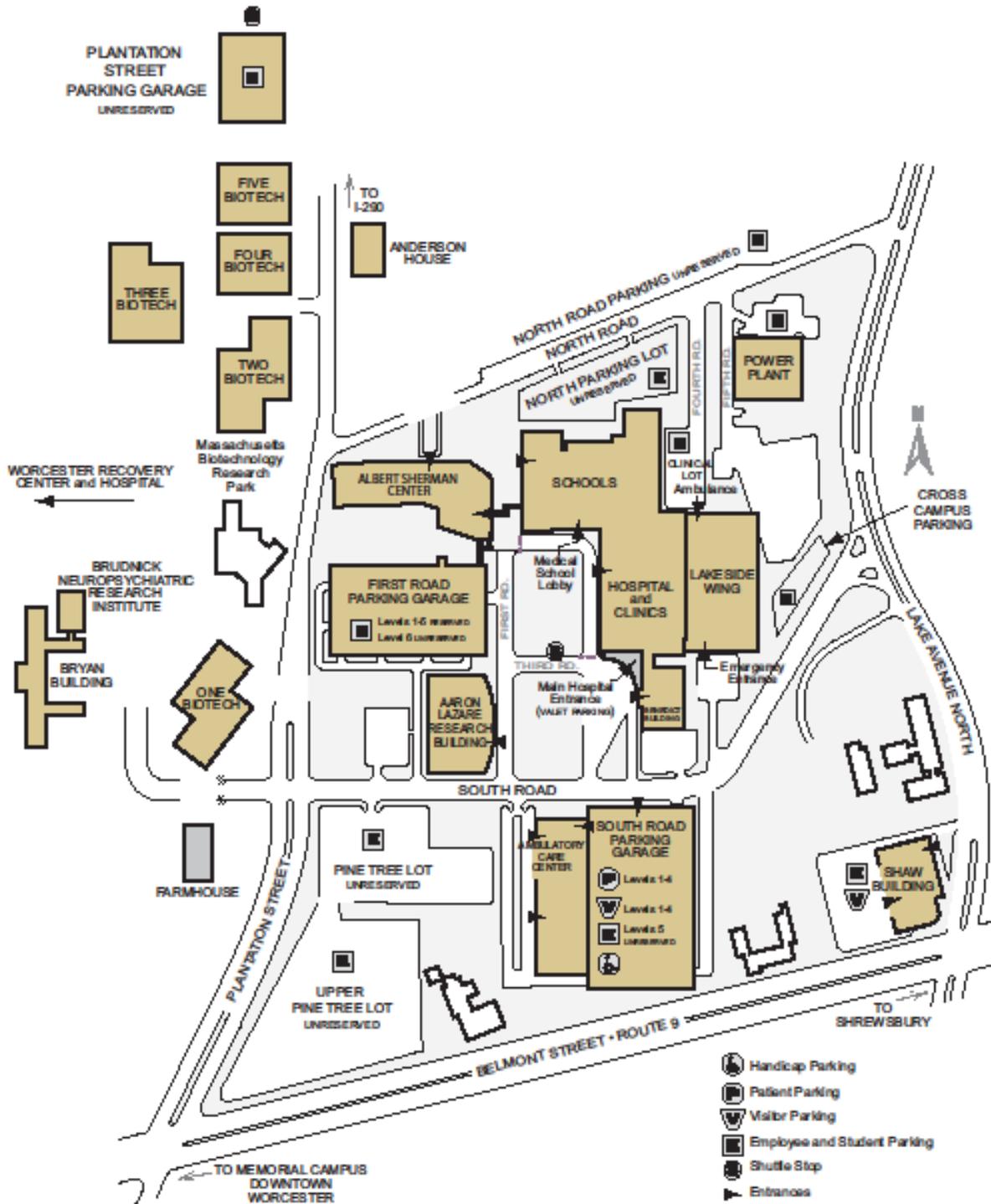
From the south:

Take I-495 North to Exit 25B (I-290 West). From I-290 West, take Exit 22 and turn right off exit. At third traffic light, turn left onto Plantation Street. Go to fourth traffic light. University Campus is on the left.

Or: Take I-395 North to where it becomes I-290 East. Take I-290 to Exit 21. Turn right off exit onto Plantation Street. Go to third traffic light. University Campus is on the left.

University of Massachusetts Medical School

Campus and parking Map



Memorial Campus Map & Directions

119 Belmont Street, Worcester 01605

Telephone connecting all campuses: 508-334-1000

From the east: Take Mass. Turnpike West to I-495 North. Take Exit 25B to I-290 West. Follow I-290 to Exit 18. Turn right off exit onto Lincoln Street. Bear left and proceed to Lincoln Square (intersection of Route 9/Belmont Street). Take left onto Belmont Street. Memorial Campus is 1/2 mile on the left.

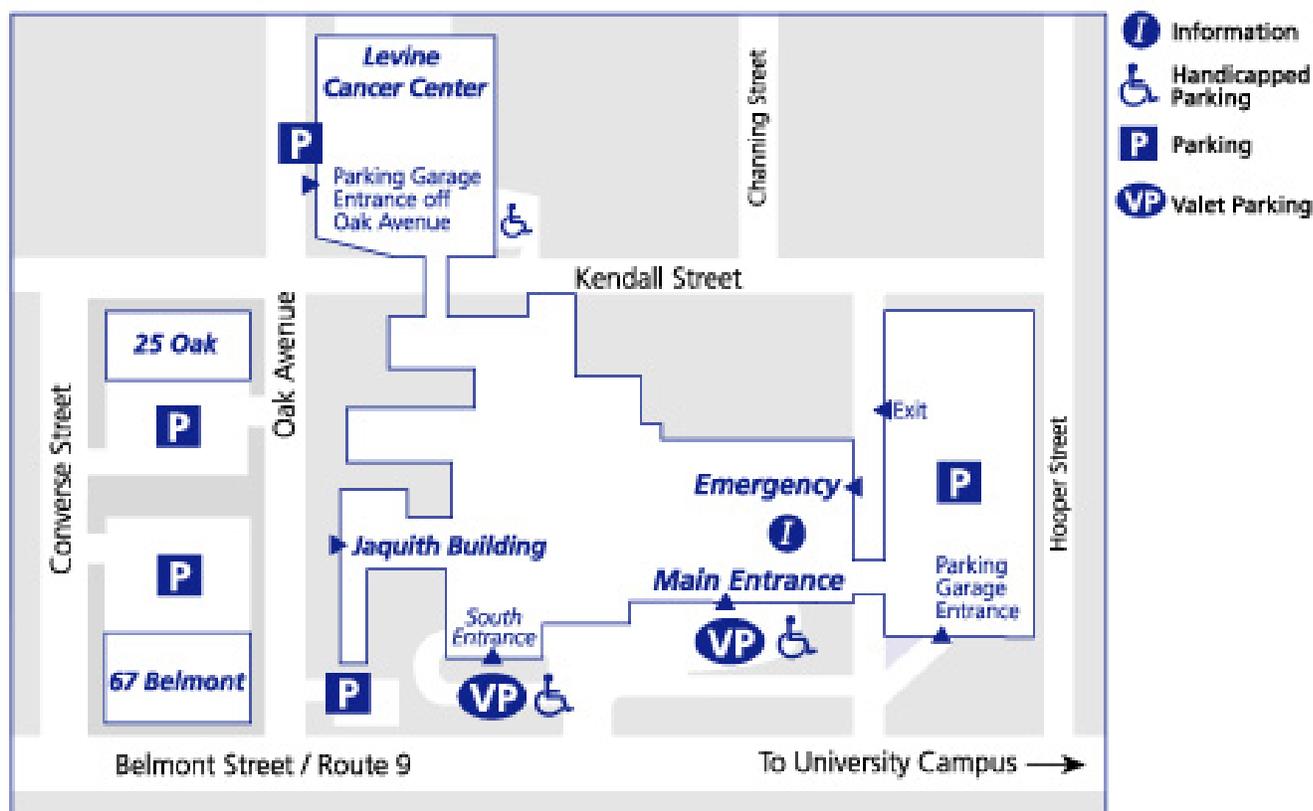
From the west: Take Mass. Turnpike East to Exit 10 (I-290 East). Take I-290 East to Exit 17. Turn right off exit onto Route 9/ Belmont Street. Memorial Campus is on the left.

From the north: Take I-495 South to Exit 25B (I-290 West). Follow I-290 to Exit 18. Turn right off exit onto Lincoln Street. Bear left and proceed to Lincoln Square (intersection of Route 9/Belmont Street). Take left onto Belmont Street. Memorial Campus is 1/2 mile on the left.

Or: Take I-190 South to I-290 West toward Auburn. Follow I-290 to Exit 18. Turn right off exit onto Lincoln Street. Bear left and proceed to Lincoln Square (intersection of Route 9/Belmont Street). Take left onto Belmont Street. Memorial Campus is 1/2 mile on the left.

From the south: Take I-495 North to Exit 25B (I-290 West). Follow I-290 to Exit 18. Turn right off exit onto Lincoln Street. Bear left and proceed to Lincoln Square (intersection of Route 9/Belmont Street). Take left onto Belmont Street. Memorial Campus is 1/2 mile on the left.

Or: Take I-395 North to where it becomes I-290 East. Take I-290 to Exit 17. Turn right off exit onto Route 9/ Belmont Street. Memorial Campus is on the left.



Hahnemann Campus Map & Directions

281 Lincoln Street, Worcester, MA 01605

Tele: 508-334-1000

FROM THE EAST: Take Mass. Turnpike West to I-495 North. Take Exit 25B (I-290 West). Take I-290 to Exit 20. Turn left off exit onto Lincoln Street and go 1/2 mile. Hahnemann Family Health Center is on the left.

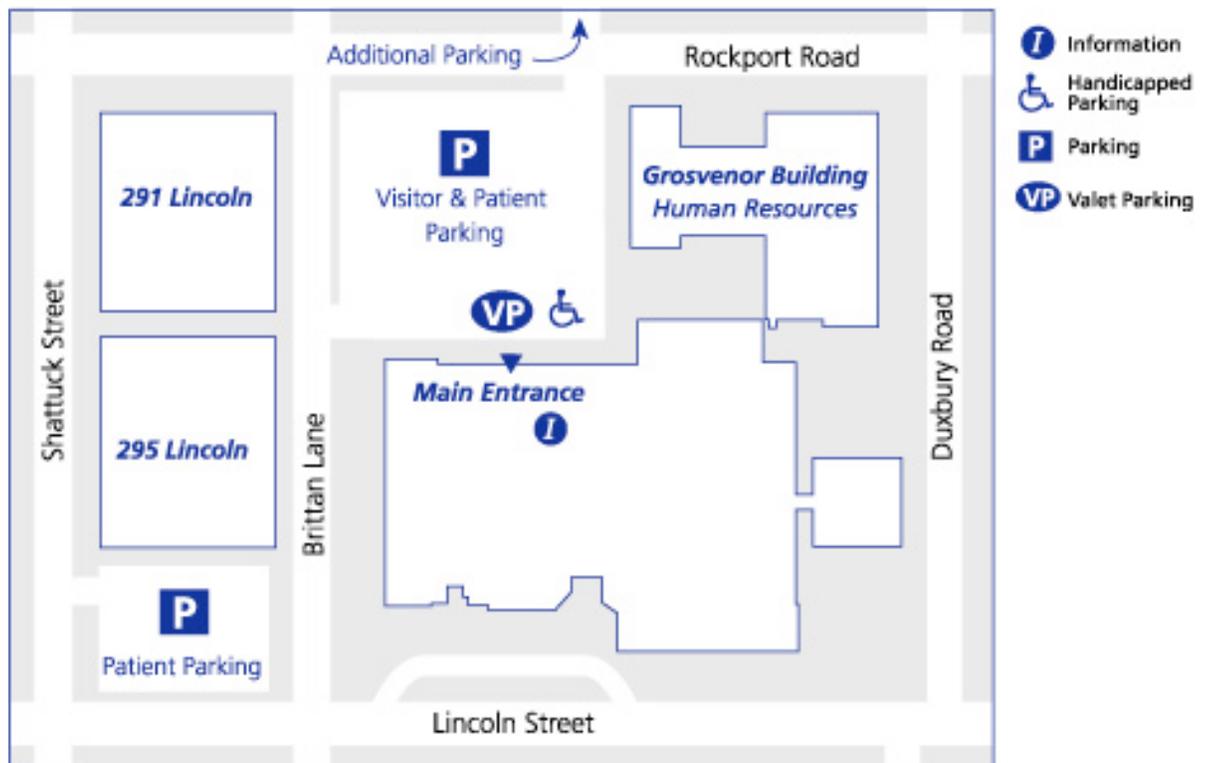
FROM THE WEST: Take Mass. Turnpike East to Exit 10 (I-290 East). Take I-290 to Exit 20. Turn right off exit onto Burncoat Street and follow to intersection with Lincoln Street. Hahnemann Family Health Center is at intersection on the left.

FROM THE NORTH: Take I-495 South to Exit 25B (I-290 West). Take I-290 to Exit 20. Turn left off exit onto Lincoln Street and go 1/2 mile. Hahnemann Family Health Center is on the left.

Or: Take I-190 South, follow signs for I-290 East (exit is on the left), then bear right off the ramp toward Burncoat and Lincoln Streets (Rt.70). Turn right at traffic signal. Hahnemann Family Health Center is 1/4 mile on the left.

FROM THE SOUTH: Take I-495 North to Exit 25B (I-290 West). Take I-290 to Exit 20. Turn left off exit onto Lincoln Street and go 1/2 mile. Hahnemann Family Health Center is on the left.

Or: Take I-395 North to where it becomes I-290 East. Take I-290 to Exit 20. Turn right off exit onto Burncoat Street and follow to intersection with Lincoln Street. Hahnemann Family Health Center is at intersection on the left.

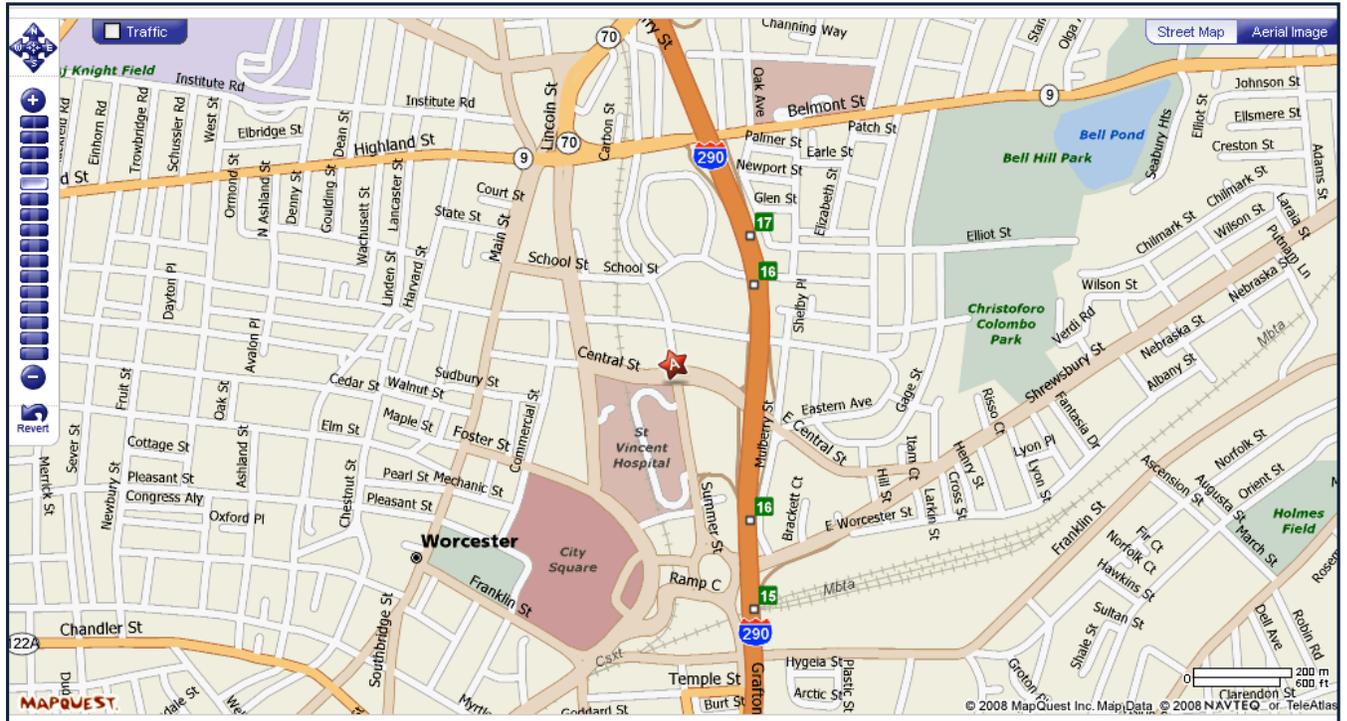




St. Vincent's Hospital Worcester Medical City

Map & Directions

123 Summer Street, Worcester, MA 01608
Phone: 508-363-5000 Fax: 508-363-9240



From the East:

Route 495 to Route 290 West to Exit 16 "East Central Street". At bottom of the ramp, take a right. Go to the lights at the first four-way intersection. Take a left onto Summer Street. First right into the parking garage.

From the North:

Take I-190 to Route 290 West to Exit 16 "East Central Street". At bottom of the ramp, take a right. Go to the lights at the first four-way intersection. Take a left onto Summer Street. First right into the parking garage.

From the South:

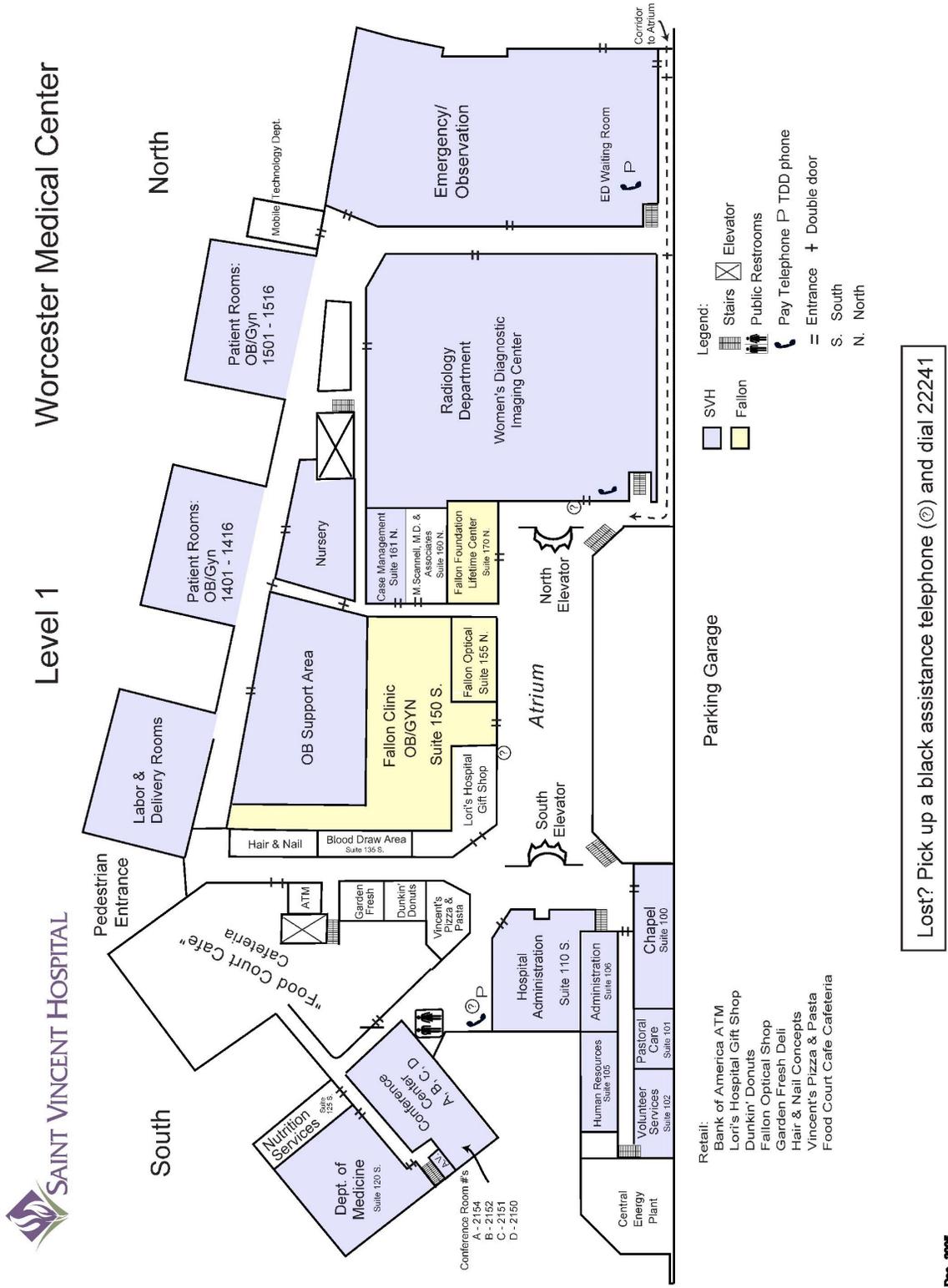
Take I-290 East to Exit 16 "East Central Street". At the bottom of the ramp, take a left. Go to the lights at the first four-way intersection. Take a left onto Summer Street. First right into parking garage.

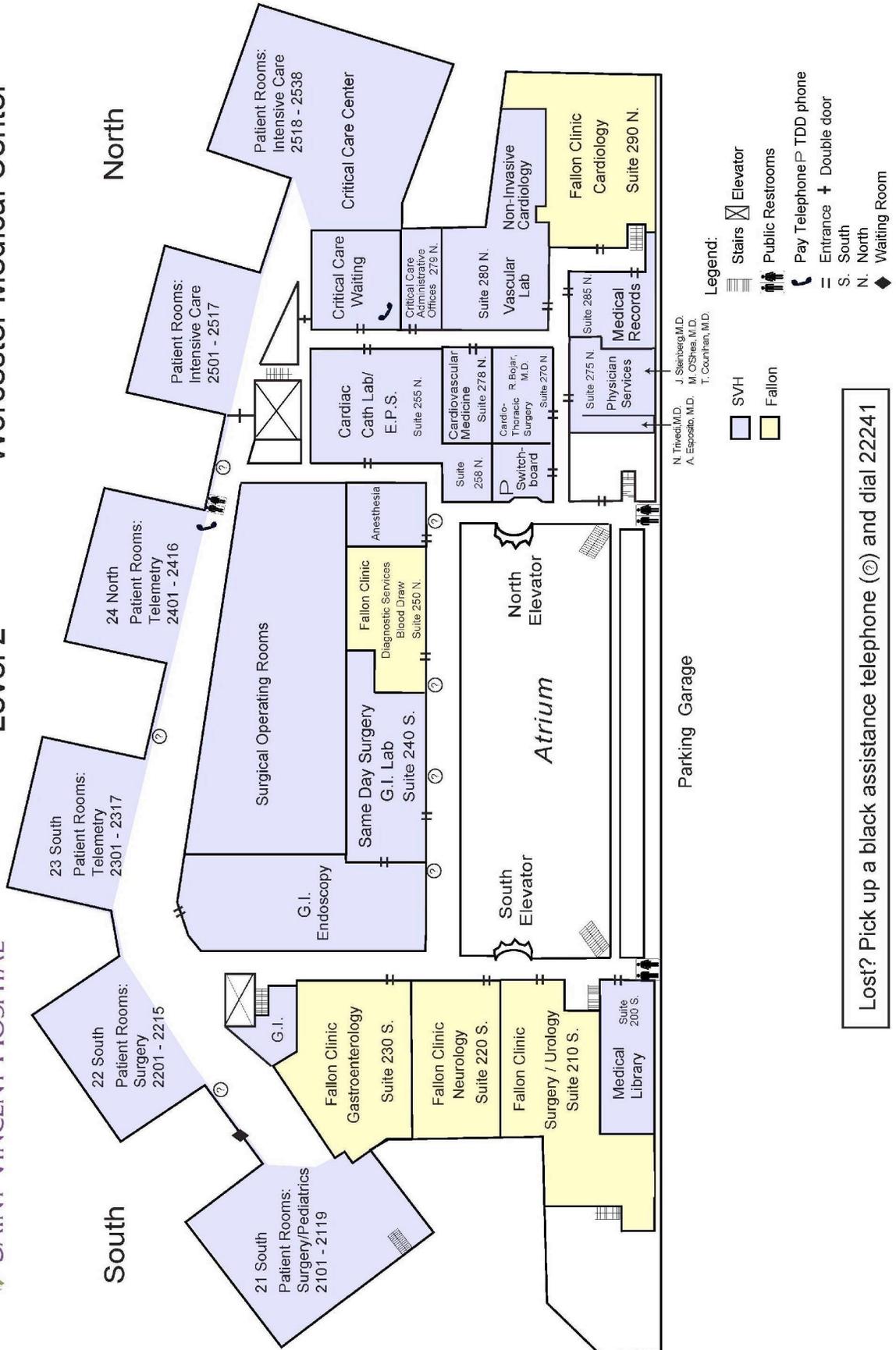
From the West:

Take the Mass Pike East to Exit 10, Auburn. Take I-290 East to Exit 16, "East Central Street". At the bottom of the ramp, take a left. Go to the lights at the first four-way intersection. Take a left onto Summer Street. First right into parking garage.

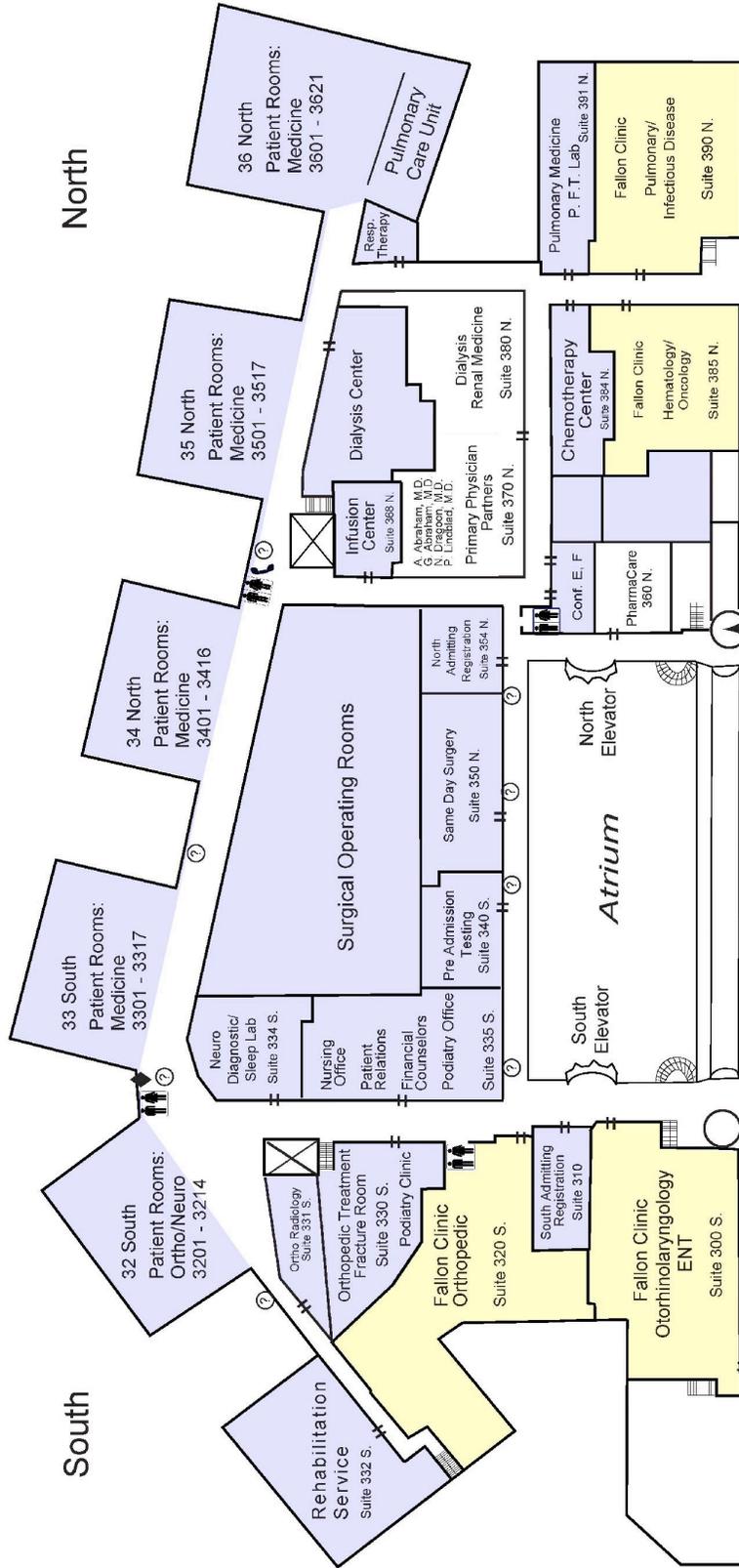
Directions To Vernon Hill Campus at 25 Winthrop Street

From I-290 take Exit 13 (122a, Vernon Street, Kelley Square) and go up Vernon Hill to Winthrop Street.





Lost? Pick up a black assistance telephone (☎) and dial 22241



- Legend:**
- Stairs
 - Elevator
 - Public Restrooms
 - Pay Telephone
 - TDD phone
 - Entrance
 - S. South
 - N. North
 - Waiting room

- Conference Rooms**
- E = 7354
 - F = 7351
- SVH
 - Fallon

Parking Garage

Patient and Visitor Drop Off Area

Lost? Pick up a black assistance telephone (2) and dial 22241

Campus Parking & ID Badges

University Campus Parking & ID Badge:

Once you arrive on campus, please park in the visitors' parking area in the South Road Parking Garage. Then report to your elective.

Please report to the PARKING & ACCESS CONTROL OFFICE located in the 1st Road Parking Garage level 1 to obtain a hospital ID badge and parking tag. ID badges cost \$10. Cash and checks only.

Parking on campus for 4 weeks is \$32 or \$8 per week. The Parking & Access Control Office only takes cash or checks. Visiting students are assigned parking in the Plantation Street Parking Garage which is a ¼ mile from the main campus. Students can either walk the 6 to 8 minutes to the main campus or they can take the shuttle. *Plantation Street shuttle buses will run every seven to 10 minutes from the garage to the Third Road shuttle drop off, weekdays from 5:30 a.m. to 9 p.m.*

Only visiting students with schedules that do not coincide with the Plantation St. Garage shuttle schedule will be allowed to park in the Pine Tree parking lot. See University Campus map.

All employees and students are allowed to park on campus after 5 p.m. Monday through Friday and any time on weekends and holidays.

Public Safety

Room: HA-531 (hospital, Worcester campus, A level)

Office: 508-856-3630 508-856-5934

Fax: 508-856-5809

Email: parking@umassmed.edu

Hours of Operation: Monday - Friday, 8:00 AM to 4:15 PM

Mailing address: University of Mass at Worcester
c/o School Parking and Access Control
55 Lake Ave North
Worcester, MA 01655

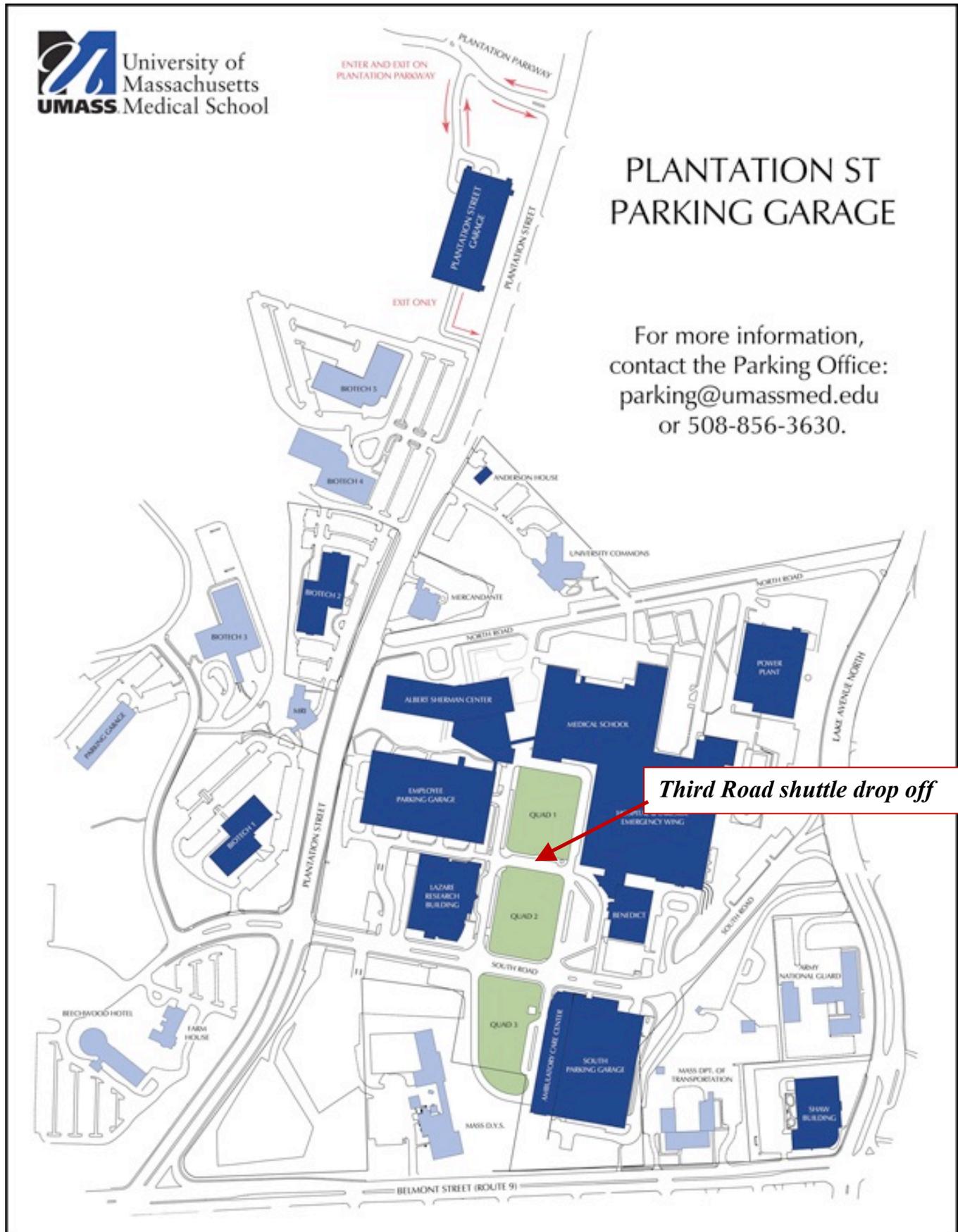
The Plantation Street shuttle runs from 5:30 am to 9:00 pm. Visiting Students with schedules that do not coincide with the Plantation St. shuttle schedule will need to park in the Pine Tree lot.

Plantation Street Garage Map



PLANTATION ST PARKING GARAGE

For more information,
contact the Parking Office:
parking@umassmed.edu
or 508-856-3630.



Third Road shuttle drop off

Memorial Campus Parking & ID Badge:

Once you arrive on campus, you will need to park in the visitor's parking garage. Visiting Students should first report to their elective department or contact person. Then arrange to go to the South Bunker, ID Badge/Security Office to get an ID Badge and prepay for parking. ID Badges cost \$10. Memorial accepts cash, checks, and credit cards.

Visiting Medical Students with a Memorial Hospital or University Hospital ID badge pay the reduced student rate of \$3.50 a week or \$14 a month for parking. Off campus parking is free at the Hanover Insurance Building.

Only visiting students with schedules that do not coincide with the Hanover shuttle schedule will be allowed to park on the Memorial Campus. All employees and students are allowed to park on campus after 1:30 p.m. Monday through Friday and anytime on weekends and holidays.

Memorial Campus Shuttle to and from Hanover Insurance Building

<u>Hours (Weekdays)</u>	<u>Shuttle Vehicle</u>
5:30 am to 9:00 am	4 Motor Coaches
9:00 am to 3:00 pm	2 Motor Coaches
3:00 pm to 9:00 pm	4 Motor Coaches
After 9:00 pm	Transit via Security

The Hanover shuttle, pick up and drop off, is located at the employee entrance in the back of the hospital.

Hahnemann Campus Parking & ID Badge:

Once you arrive on the Hahnemann campus students can park on Rockport Road located across from the hospital (free parking) or park in the visitor's parking lot. There is a daily parking fee upon exiting the garage of \$3.50 a day.

If you show your University or Memorial student hospital ID badge you will pay the reduced student rate of \$3.50 per week or \$14 a month.

- **University Campus ID Badges** can be obtained from the PUBLIC SAFETY OFFICE located in the hospital (basement) on level A room HA-531. You will need to contact the Memorial Campus so they can add the Hahnemann access to your badge.
- **Memorial Campus ID Badges** can be obtained from the South Bunker, ID Badge Office. Let them know you will need access to the Hahnemann campus.
- ID badges at both the University and Memorial Campuses cost \$10.

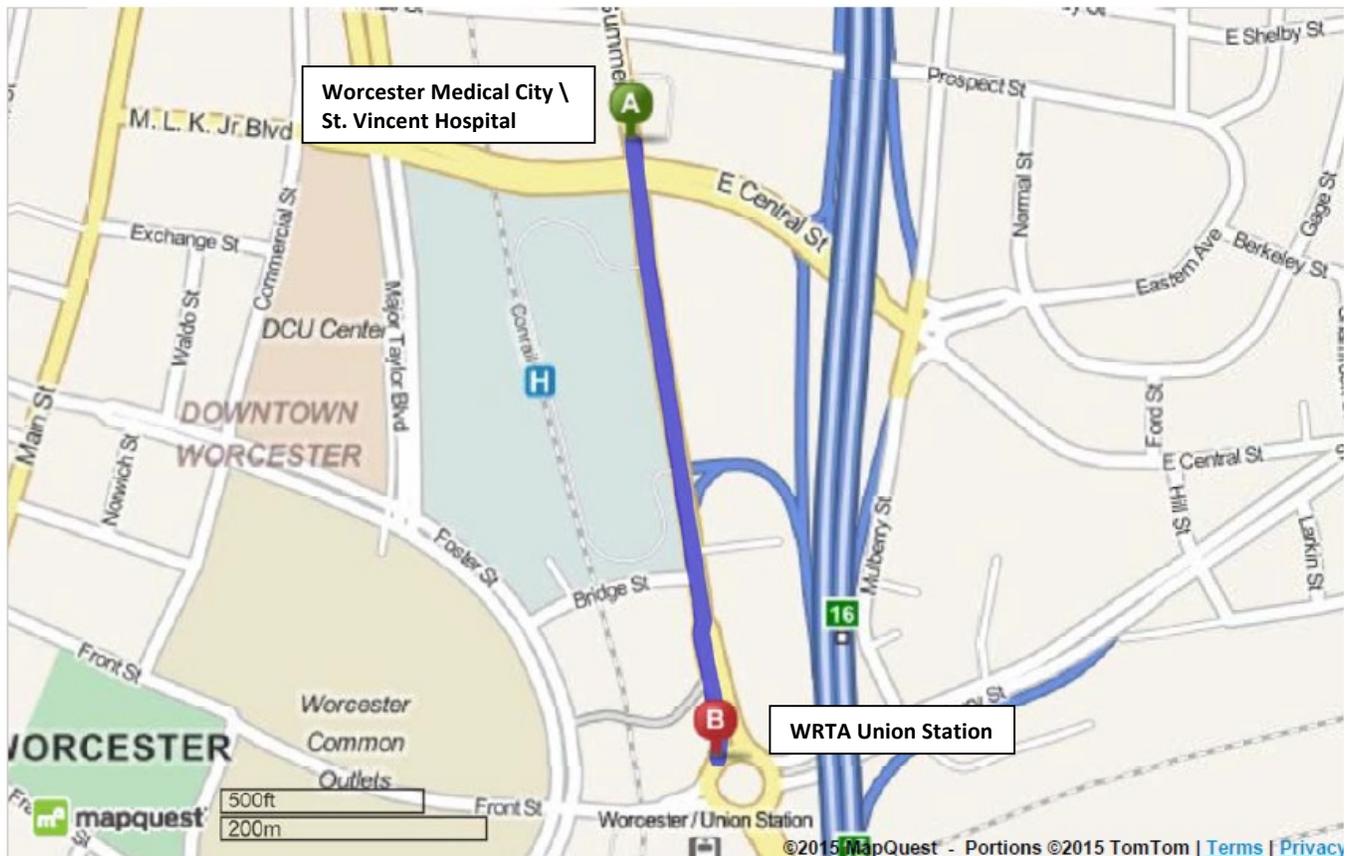
Please note to get the student reduced parking rate, visiting students will have to go over to the Memorial Campus South Bunker, ID Badge Office to prepay for parking at the Hahnemann Campus.

St. Vincent's Hospital / Worcester Med City Parking & ID Badge:

St. Vincent's Hospital/WMC has an adjacent, parking garage on Summer Street. The entrance is located near the corner of Summer and Central Streets. Once you arrive on campus, you will need to park in the visitors' parking garage. Students are required to obtain a St. Vincent's ID badge. ID badges are free. Students pay for parking every day upon exiting the garage. Parking for students is \$10 a day.

The Worcester Regional Transit Authority (WRTA) bus (Route 16) to Union Station and St. Vincent Hospital/Worcester Medical Center runs Monday through Friday every hour, from UMass Memorial Medical Center starting at 6:15 am to 9:06 pm. Worcester Medical City is a short walk 0.3 miles from Union Station. Winter weather may alter bus schedules log onto www.therta.com to check delays or to download the Route 16 schedule.

Address: St. Vincent's Hospital, 123 Summer Street, Worcester, MA 01608.



Department of Public Safety

University Campus Police

Mission Statement

The **University of Massachusetts Police Department** in Worcester is committed to provide a safe and secure environment in which students, faculty, staff, patients and visitors can conduct their activities. The Department uses a community oriented philosophy, and our Officers patrol the University & adjacent roads 24 hours a day, seven days per week in cruisers, on foot and on bikes.

All Police Officers are sworn under Massachusetts General Law Chapter 75, Section 32A, have the same law enforcement authority as Municipal Police, and are trained at Municipal Police Academies.

COMMUNICATIONS & SERVICE - 508-856-3296 FAX - 508-856-1629

UMass Police and Public Safety:

Emergency/Fire:

University Campus Dial: 911

Memorial Campus Dial: 12345

Non-Emergency/Lockout/Escort Service:

University Campus: 508-856-3296

Memorial Campus: 508-334-8568

THE UNIVERSITY OF MASSACHUSETTS POLICE STATION IS LOCATED ON THE MAIN LEVEL OF THE SOUTH ROAD VISITOR'S PARKING GARAGE (pedestrian entrance ground floor), AND IS OPENED & STAFFED 24 HOURS PER DAY, 365 DAYS PER YEAR.

UMASS ALERTS OR OVERHEAD PA ANNOUNCEMENTS WILL NOTIFY STAFF OF AN EMERGENCY.	
CODE NAME	Emergency Description & Action to Take
Code Red	Fire Respond. Perform RACE Rescue - anyone in immediate danger Alarm - pull the fire alarm and then call 911 to report location. Confine - close all doors Evacuate - Extinguish if Safe, or Evacuate
Code Blue	Medical Emergency. UMMS call 911 and UMMC call 12345, to report emergency & location (campus, building, floor, room #)
Code Pink	Infant/Child Abduction. Call 911 to report missing child. Watch exits, describe suspect in detail to Police.
Code Orange	Tornado. Move away from windows. Seek shelter inside of building.
Code Silver	Active Shooter. Call 911 to report location of shooter. Evacuate if safe. Or, hide inside room, lock and barricade door. Silence cell phone. Wait for all clear before coming out.

BLOOD BORNE PATHOGEN EXPOSURE / NEEDLESTICK / INJURY

For **visiting** students who experience an exposure to blood, visibly bloody fluid, body fluid, e.g. cerebrospinal, synovial, peritoneal, pleural, amniotic, semen, secretions from a needlestick/cut or splash to eyes, mouth, nose or open cut, animal bite/lab injury.

What to Do:

1. Gently bleed, wash, flush affected area with soap and water.
2. Page the BUGS beeper **77- BUGS** (2847) Monday - Friday, 7:00 am - 4:00 pm
3. Notify your supervisor/supervising resident (if there is one) and Clerkship director.
4. Obtain Evaluation - **Don't Delay!** It is important to be evaluated within **2 hours** of exposure. You may have to begin immediate treatment.
 - **Employee Health University Campus** (774)-441-6263
Hours M-F 7:00am - 4:00pm hospital side B basement room 376C near Medical Records
 - **Employee Health Memorial Campus** (508) 334-6238
Hours M-F 8:00 am - 4:00 pm.
 - **Employee Health 210 Lincoln Street** (508) 793-6400
Hours M-F 8:00am - 4:00pm

If after hours, go to the Emergency Department.

DO NOT go to UMMS Student Health for any immediate attention for a needlesick/body fluid exposure.

All follow-up care needs to be coordinated with your student health or employee health service at your institution. Employee Health Services can provide any documentation needed regarding the exposure and care received while at UMMHC. A release form will need to be completed and signed.

Additional Information

UMMS Library website: <http://library.umassmed.edu/> Students can get temporary access to the Lamar Soutter Library by showing there student ID badge.

Inclement Weather: Students at clinical sites **MUST** follow the policies of the clinical sites.

Telephone System:

External dial: 508-number

Internal dial: 6-XXXX (ext.) or 4-XXXX (ext.) or 2-XXXX (ext.)

Computer Access & Pagers: **If needed, your rotation department will provide a pager and computer access.** There may be a monthly fee associated with leasing a pager. Visiting students can also get temporary local access to library computers. University Campus wide wireless is also available.

Paging System:

Internal 77-XXXX (beeper number)

External 508-334-PAGE or 508-334-1000

Pager Office is located in the hospital basement room HB-311

Other Phone Numbers:

University Campus Building Systems or grounds: Facilities	508-856-3292
UMMS Help Desk	508-856-8643
Environmental Building Services Floors, cleanliness or trash	508-856-5212
Campus Store (books)	508-856-3213
Library (Lamar Soutter)	508-856-6099
Student Affairs	508-856-2285
Student Counseling	508-856-3220
Emergency/Off hours (page Dr. Rizzi @ 4261)	508-856-3562
Mail Room	508-856-2361
UMass Memorial Switchboard / Clinical	508-334-1000
University Campus Switchboard / School	508-856-8989
Weather Watch (School Delays/Cancelation - 1st and 2 nd years only)	508-856-1100
Albert Sherman Fitness Center 3 rd Floor Hours: 24 hours, 7 days/week Access: via ID badge Contact: Fitnesscenter@umassmed.edu Manager: Karen Neal or Karen.Neal@umassmed.edu	774-455-3500



Worcester City Transportation & Local Information

For News and City Wide Events go to; <http://www.destinationworcester.org/>,
www.centralmass.org/ or www.cowc.org

Transportation

WRTA - Local Buses <http://www.therta.com/>

Routes 15, 16, and 24 will bring you to University Campus; download routes from website.

MBTA - Train Service from Worcester into Boston main website www.mbta.com or
http://www.mbta.com/schedules_and_maps/rail/ for schedules or **Amtrak** www.amtrak.com

Limo Services to & from Airport -

- Worcester Airport Limo -- 800-660-0992 or (508) 756-4834 or www.wlimo.com
- Knights Airport Limo - 800-822-5456 or www.knightslimo.com

Taxi's Worcester -

- Yellow Cab 508-754-3211
- Red Cab 508-792-9999
- Independent Cab 508-792-9999

Other Taxi's Services:

- Auburn Taxi (Millbury) 508-832-6777
- Grafton Taxi and Transport (Grafton) 508-839-6900
- Millbury Taxi (Millbury) 508-865-9302

Area Airports

Logan Airport in Boston MA www.massport.com

Worcester Regional, Worcester, MA www.massport.com

TF Green in Providence RI www.pvdairport.com

Bradley International Airport in Connecticut - www.bradleyairport.com

Manchester Airport in New Hampshire - www.flymanchester.com

Car Rental Places

Enterprise Rent a Car - 508-792-3660 www.enterprise.com

Across street from University Campus, will deliver car.

Hertz Rent a Car - 508-798-5196 - Park Avenue www.hertz.com

UMass Memorial Health Care Campus Addresses:

Main Tel: 508-334-1000

- UMass Memorial Medical Center / University Campus, 55 Lake Avenue N., Worcester, MA 01655
- Hahnemann Campus, 281 Lincoln Street, Worcester, MA 01605
- Memorial Campus, 119 Belmont Street, Worcester, MA 01605

Malls/Shopping Centers

Auburn Mall, Auburn
Greendale Mall, Worcester
Salomon Pond Mall, Berlin MA

Malls/Shopping Centers Continued

Shoppe's @ Blackstone Valley, Millbury
Providence Place Mall, Providence RI

Supermarkets

Shaws, Located on Route 9 in the White City Shrewsbury
Stop & Shop, Route 9 Shrewsbury, Lincoln St & Grafton St Worcester
Price Chopper, Route 9 Shrewsbury or South Street

Sport Centers

UMMS Albert Sherman Fitness Center www.umassmed.edu/studentaffairs/studentlife/exercise.aspx
Local Hockey Team: Worcester Sharks www.SHARKSAHL.com
Northboro Team Works <https://www.teamworksnorthboro.com/>
YWCA - Worcester www.ycaworcester.org
YMCA - Worcester <http://www.ymcaofcm.org/locations/greendale-family-branch/>

Places of Interest

Worcester Public Library - Salem Sq Worcester. www.worcpublic.org
Worcester Visitors Bureau www.centralmass.org/
Ecotarium, A Museum of Science & Nature www.ecotarium.org

Day Trips

New York City - 3 hrs
Boston - 40 minutes

Beaches

Cape Cod - many beaches / Approximately 2+ hours away lots of shopping also
Newport RI - Approximately 1 ½ hours away also has shopping
Providence, RI - Approximately 2 hours away
Hampton Beach/Boardwalk - Approximately 1 ½ hours away
Masquamicut Beach CT - approximately 1 ½ hours away past Foxwood Resort Casino

Entertainment, etc.

Tanglewood www.tanglewood.org
Gillette Stadium www.gillettestadium.com
Jacobs Pillow Dance - www.jacobspillow.org
Worcester DCU Ctr. www.centrumcentre.com
Foxwoods Resort Casino - www.foxwoods.com
Mohegan Sun Hotel Casino - www.mohegansun.com
Boston - tons of things to do in Boston. (Museums, restaurants, Chinatown, Theater District, Fleet Ctr)
Go to www.bostonusa.com or www.boston-online.com or www.searchboston.com
Boston Museum of Science - www.mos.org
New England Aquarium - www.neaq.org