

Abigail F. Helm, Ph.D.
Program Director

Dr. Helm is a Program Director in the Smelson Lab at the UMass Chan Medical School Department of Psychiatry. Dr. Helm earned her doctorate in psychology at the University of Massachusetts Amherst, and she joined the lab in October 2020. As a part of the lab, Dr. Helm manages state and VA-based projects, serves as a data analyst, and supports grant submissions and publications. Her research interests include developmental psychopathology, cognitive neuroscience, and e-learning.