

Universal Precautions

1. Make a Diagnosis with Appropriate Differential following a comprehensive evaluation.
2. Psychological Assessment, Including Risk of Addictive Disorders and stratification.
3. Informed Consent.
4. Treatment Agreement.*
5. Pre- or Post Intervention Assessment of Pain Level and Function.
6. Appropriate Trial of Opioid Therapy With or Without Adjunctive Medication.
7. Reassessment of Pain Score and Level of Function.
8. Regularly Assess the "A's" of Pain Medicine (analgesia, activities of daily living, adverse side effects, and aberrant drug-taking behaviors); "adherence" and "affect (observed mood) might also be added.
9. Urine Toxicology*
10. Periodically Review Pain Diagnosis and Comorbid Conditions, Including Addictive Disorders.
11. Documentation.

<http://www.opioidrisk.com/node/1069>