November 2015

LPP 1 Preceptor Update

Teaching Suggestions

• Make sure you have the students perform histories on their own and try to provide direct observation and feedback. Look at your schedule and pick out appropriate patients that would be helpful for students to practice some aspect of the history.

• Students will be learning the complete history, discuss how you accomplish this with your patients. Discuss the difference between new patient complete history and the yearly interval check-up on your established patients.

• If appropriate and applicable to your practice setting, review and model taking a sexual health history.

• Ask your patients for feedback on your student.

• Try to actively include the student with the physical exam and have them practice taking blood pressures and doing a cardiac exam (they will be starting physical diagnosis this week).

• The end of the semester is approaching, find some time to sit down with your student and reflect on the first semester and think about goals for next semester. Maybe set up the first session for January 2016.

• You will be receiving a link to E*VALUE in January to fill out a student evaluation. The student will also be filling out a self-evaluation. Use these evaluations as a way to discuss your student’s progress and provide feedback. This will be a good way to begin the second semester.

DCS1 small groups

• Physical-Self wellness and debrief of anatomy experience (11\12\15)

• The complete history (11\19\15)

• Sexual Health (12\3\15)

• Adolescent health history (12\10\15)
Physical Diagnosis 1 Begins 11\17\15

PD1 is taught by mentors in their small groups with students practicing the exam on each other. The emphasis is on learning the basic techniques of the exam and learning normal findings. The review of systems (ROS) will also be introduced both in DCS 1 small groups and PD 1.

- **Vital Signs (11\17\15)**
  Students are introduced to the physical exam and practice blood pressure, heart rate, and respirations. The Review of systems (ROS) is also introduced specific for a general assessment of the patient.

- **Heart, and Vascular (11\24\15)**
  The basics of the neck, heart, and vascular exam are introduced including palpation and auscultation and peripheral pulses. ROS is reviewed for a patient presenting with either a cardiac chief complaint.

- **Chest and Breast (12\1\15)**
  The lung and breast exam is introduced. The breast exam is demonstrated on small plastic models. The vertical strip technique for the breast exam is reviewed. The basics of the lung exam are introduced including inspection, percussion, and auscultation. ROS is reviewed for a patient presenting with a pulmonary or breast chief complaint.

**Exams**
12\1\15, 12\3\15, 12\7\15, 12\14\15, 12\18\15

**Winter Break Begins after exam on 12\18\15**

Thank you for taking the time to teach our students. Your efforts are greatly appreciated.

Please email myself [Phillip.Fournier@UMassMemorial.org](mailto:Phillip.Fournier@UMassMemorial.org) or the course coordinator Ann Perla [Anne.Perla@umassmed.edu](mailto:Anne.Perla@umassmed.edu) with any questions or ideas on how we can make this experience better for you and our students.