### January 2016

# **LPP 1 Preceptor Update**

# **Teaching Suggestions**

- Make sure you set up the remaining LPP sessions for the semester soon. The students are required to complete a total of 12 sessions for the first year.
- Model an alcohol history and demonstrate a CAGE.
- Discuss how you might use motivational interviewing or discuss techniques you use with patients to help foster change in their health habits especially patients who are smokers.
- Make sure you have the students perform histories on their own and try to provide direct observation and feedback. Look at your schedule and pick out appropriate patients that would be helpful for students to practice some aspect of the history.
- Ask your patients for feedback on your student. They often can provide valuable information on how your students are doing. Share this with your student.
- Try to actively include the student with the physical exam as they advance in the course.
- Continue to work on oral presentations with your students.

### DCS1 small groups

- Geriatric interview (1\7\16)
- Smoking cessation (1\14\16)
- Introduction to motivational interviewing (1\21\16)
- Alcohol risk assessment and counseling (1\28\16)

## Physical Diagnosis Begins 11\17\15

PD1 is taught by mentors in their small groups with students practicing the exam on each other. The emphasis is on learning the basic techniques of the exam and learning normal findings. The review of systems (ROS) will also be introduced both in DCS 1 small groups and PD 1.

- **Abdominal Exam (1\5\16)** The abdominal exam is introduced focusing on general inspection, percussion, auscultation, and palpation. ROS is reviewed for a patient presenting with an abdominal chief complaint
- Neurological Exam (1\12\16) The complete neurological exam is introduced focusing on the techniques of the following components: motor\sensory\reflexes\cranial nerves\cerebella. ROS is reviewed for a patient presenting with a neurological chief complaint.
- **HEENT and MOUTH (1\19\16)** The head and mouth exam is introduced using otoscope and ophthalmoscope. ROS is reviewed for a patient presenting with a HEENT chief complaint.
- Musculoskeletal (1\26\16) The general musculoskeletal exam is introduced including examination of the arms, legs, hips, back, knee, and hands. The concepts demonstrated include: inspection, palpation, strength, range of motion. ROS is reviewed for a patient presenting with a musculoskeletal chief complaint.

#### **Exams**

1\28\16

Thank you for taking the time to teach our students. Your efforts are greatly appreciated.

Please email myself <u>Phillip.Fournier@UMassMemorial.org</u> or the course coordinator Ann Perla <u>Anne.Perla@umassmed.edu</u> with any questions or ideas on how we can make this experience better for you and our students.