Eating Disorders: A Patient’s Perspective – OE 938

Brief description (200 words or less of course details):

This course addresses the nuances behind specific and less well-known aspects of eating disorders from the perspective of actual patients such as exercise anorexia, overeating and body image. This elective will bring a more complete patient-centered view so fellow students can be better prepared to face this issue when encountered in clinical rotations and beyond.

Specific objectives include:

• Understanding how patients feel about their treatment options
• Understanding the path to recovery
• Dispelling misconceptions about eating disorders and addressing the ones perpetuated by social media
• Learning about overeating, exercise/sports anorexia and men’s eating disorders along with more traditional presentations of the diseases
• Learning from patients how to best apply our knowledge in practice
• Exposure to real life scenarios with patients currently undergoing treatment via site visits and/or patient presentations
• Learning about the medical consequences and complications of eating disorders

Semester offered: Spring

Registration information:

If you are interested in participating in this class, contact the student leaders for more information and to register.

Requirements for credit:

Attendance will be taken via a sign in sheet, and students may miss one lecture and must attend one site visit in order to pass. We will also have them turn in a reflection paper (one page, single spaced) at the end of the course detailing the way they will use the information they have learned in the elective in their future practice. Finally, we will create an evaluation of the elective for participants to give feedback about.

Contact information (student and faculty leaders):

Clare Wynne; Blair Robinson; Evan Zhang, Ellen Wallace

Offered in this academic year: YES