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Location            Baystate Medical Center  
                           Neurodiagnostic and Sleep Center  
                           759 Chestnut St Wesson Ground  
                           Springfield MA 01199

Day One Instructions   Report to Neurodiagnostic and sleep center at 8 AM.

**FCE DESCRIPTION**

This rotation exposes the students to common sleep disorders including sleep apnea, restless legs syndrome, narcolepsy and insomnia and to have a basic understanding of in-laboratory and portable polysomnography.

Students are required to

- Attend outpatient sleep clinics and spend time in the sleep laboratory interpreting sleep studies
- Spend one evening with the sleep technician to understand how an in-laboratory sleep study is performed
- Give a brief presentation on a sleep topic

**FCE LEARNING OBJECTIVES**

The student will be able to

- Understand how to score and interpret sleep studies
- Diagnose common sleep disorders
- Understand treatment options for sleep apnea, restless legs syndrome, narcolepsy and insomnia
- Understand the differences between CPAP, BiPAP, BiPAP ST, servoventilation, and volume assured pressure support
- Use AutoCPAP and compliance data to manage sleep disordered breathing

UMMS Competencies   Professional | Communicator | Person | Problem Solver  
 Evaluation Type        Attendance | Effort | Participation  
 Evaluation Explanation   Clinical Skills | Case Presentation | Oral Presentation

AVAILABILITY

4800 | Fall 2017

Block 1A | FE1 | June 5-9, 2017  
 Block 1B | FE2 | July 10-14, 2017  
 Block 1C | FE3 | July 17-21, 2017

1 Block 2A | FE4 | September 25-29, 2017  
 1 Block 2B | FE5 | October 2-6, 2017  
 1 Block 2C | FE6 | November 6-10, 2017

4801 | Spring 2018

Block 3A | FE7 | February 12-16, 2018  
 1 Block 3B | FE8 | March 12-16, 2018  
 1 Block 3C | FE9 | March 26-30, 2018

1 FE-Spring Break | March 19-23, 2018

*note:* Contact Dr. Johnson for addition or special section availability.