Clinical AY1314 Non-Department 373 Introduction to Sleep Medicine

Hosting Department: Non-Department
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Course Learning Objectives
By the end of the session the students will be able to:
- take a sleep history
- discuss differential diagnosis of excessive daytime sleepiness
- review current diagnostic procedures and tests

Course Description
This will be a one week clinical exposure to the multidisciplinary evaluation and management of patients with a variety of sleep disorders. The experience will include shadowing board certified Sleep physicians from a variety of specialties as they see new and follow-up patients in the Sleep Disorders Center. They will also observe day time sleep testing, review records of sleep studies (home sleep study recording and facility based full polysomnograms), and actigraphy. They will attend a weekly case based conference and will be encouraged to present one case or sleep topic at the end of the week. There will be options to spend time in the pediatric sleep clinic, ENT clinic, and with Dental-Sleep Medicine provider if desired. We have a full compliment of Sleep Medicine textbooks, journals, and literature that the student can use for presentation.

Competencies: Professional, Communicator, Problem Solver
Interdisciplinary: No
Interprofessional: No
Prerequisites: None
Evaluation: Attendance, Effort, Participation
Case Presentation, Journal

Location: University Campus

Day One Instructions

Dates & Number of Students


FE: Spring Break