

UMMS Faculty Sponsor/Supervisor Anthony Izzo, DO
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Department Neurology
Interdisciplinary Psychiatry, Otolaryngology, Pulmonology

Course Learning Objectives

- accurately complete a sleep history
- research and develop an understanding of different sleep disorders including dyssomnias, parasomnias, and medical as well as psychiatric sleep disturbances
- learn to interpret polysomnography and diagnose different sleep disorders
- become familiar with the treatment and management of sleep disorders

Course Description

The knowledge about the clinical impact of sleep disorders, such as sleep apnea, continues to grow. For students interested in neurology as a career, sleep medicine represents an area of fellowship training. However, sleep medicine is also a multi-disciplinary field, involving comprehensive care administered by neurologists, psychiatrists, otolaryngologists, and pulmonologists.

The student will work most directly with a neurologist, but also interact with multiple specialists to learn the approach and management of sleep disorders. The student will gain an appreciation for each specialist's contribution to a patient's care, and how they work together as a care team.

The student will have the opportunity to observe polysomnography at the St. Vincent's Sleep Lab, and to learn how to interpret polysomnograms. From this experience and training, the student should be able to effectively communicate the significance of sleep study results to the patient, as well as to other physicians on the team.

At the end of the experience, the student should be able to provide a brief presentation on a current research topic in sleep medicine.

Competencies	Professional, Scientist, Communicator, Problem Solver
Location	<i>St. Vincent's Hospital</i>
Prerequisites	NONE
Evaluation	Attendance, Effort, Participation Clinical Skills, Case Presentation, Oral Presentation The student will be evaluated on his/her ability to interpret polysomnograms, communicate the significance of results through oral presentations, and provide a presentation on a current research topic in sleep disorders.

AVAILABILITY

- FE1 (1a) | June 6-10, 2016
 - FE2 (1b) | July 11-15, 2016
 - FE3 (1c) | July 18-22, 2016

 - 1 FE4 (2a) | September 26-30, 2016
 - 1 FE5 (2b) | October 3-7, 2016
 - 1 FE6 (2c) | November 7-11, 2016

 - 1 FE7 (3a) | February 6-10, 2017
 - 1 FE8 (3b) | March 13-17, 2017
 - Spring Break* | March 20-24, 2017
 - 1 FE9 (3c) | March 27-31, 2017
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