

21st Annual

Primary Care Days

Tuesday, April 7 & Wednesday, April 8, 2020

DoubleTree Hotel

5400 Computer Drive

Westborough, MA 01581

Sponsored by:
University of Massachusetts Medical School
Office of Continuing Medical Education



Program Overview: As part of our commitment to training in primary care, the UMass Medical School Office of Continuing Medical Education offers this program to provide updates on a wide range of rapidly changing Primary Care topics. The program will feature concurrent presentations from which attendees can select his/her own learning track. Faculty may use didactic and case presentations. Each session will be facilitated by a primary care physician.

Target Audience: Physicians, physician assistants, nurse practitioners and residents in primary care.

Learning Objectives: At the conclusion of the program, participants will be able to:

- Integrate new and updated guidelines, practices, therapies, and tools into daily practice
- Evaluate from the latest peer-reviewed information on varied primary care topics as: congestive heart failure, obstructive pulmonary disease, diabetes, lipid disorders, genetic testing, dementia, end of life care, and drug pricing
- Describe common presentations to primary care such as: anxiety/depression, esophagitis, crystal disease, acne/alopecia, pre-operative evaluations, post-cancer treatment, and women's health & reproductive care
- Understand the medicolegal concerns regarding in-flight medical emergencies
- Address the general approach to primary care musculoskeletal concerns such as low back pain, concussions, and joint replacement
- Review the updates in the regional opioid crisis and discuss pain management in this new era
- Discuss both the emerging and important primary care topics from the past calendar year as well as the issues pertaining to provider health and well-being through two keynote addresses

Comfort: Business casual is very appropriate for this conference. Although attempts will be made to insure the comfort of our attendees, we suggest that you bring a sweater/jacket if you tend to be chilly.

REGISTRATION INFORMATION:

Early bird Registration fee will apply to all two-day attendees when registering by **2/17/20**. Physicians \$325; All other Health Professionals \$225, Residents \$115, Medical Students \$50

Fees after 2/18/20 – Both days – Physicians – \$350, All other Health Professionals – \$250. Residents – \$125, Medical students – \$55

One day – Physicians – \$220; All other Health Professionals – \$170
Residents –\$60, Medical Students – \$30

On-site Registration: On-site registration will be available (space permitting) and will be assessed an additional \$25 to the published registration fee. Please visit www.umassmed.edu/cme/upcoming-events to verify availability of space prior to arriving On-site to register.

Above fees include course materials, continental breakfasts, luncheons, and continuing education credit.

Deadline: Pre-registration will be closed when space is full or on March 27, 2020 at the latest.

Accreditation: The University of Massachusetts Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Massachusetts Medical School designates this live activity for a maximum of 10 *AMA PRA Category 1 credits*™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

AAFP: This Live activity, 21st Annual Primary Care Days Conference, with a beginning date of 04/07/2020, has been reviewed and is acceptable for up to 10.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Health Professionals: Will receive a certificate which states the activity was designated for 10 *AMA PRA Category 1 credits*™

Cancellation Policy: If you cancel your registration before March 27, 2020 your fee is refundable less a processing charge of \$75. After that date, no refunds will be given for any reason, including weather and other emergencies. Substitutions are always acceptable.

The Office of Continuing Medical Education reserves the right to cancel a program at any time caused by circumstances not under its control. Persons registered in a cancelled program will be notified by email, using the mail addressed provided when registering for the program. Registration fees will be refunded if the program is cancelled by the Office of Continuing Medical Education. There may be changes in the program content caused by circumstances beyond the control of the Office of Continuing Medical Education.

Information and Special Needs: In compliance with the Americans with Disabilities Acts, if you have any special needs (dietary needs, or any other) please call the UMMS Office of Continuing Medical Education (508-856-1671) for assistance by March 31, 2020.

TUESDAY, APRIL 7, 2020

7:30-8:00 AM REGISTRATION

8:00-8:50 AM KEYNOTE:

The Top 10 Things I Learned This Year
Frank Domino, MD

9:00-9:50 AM SESSION A

A1 Anxiety & Depression
Khurshid Khurshid, MD

A2 Hyperlipidemia Update, 2020
Ira Ockene, MD

A3 Evaluation of the Injured Knee
Brian Busconi, MD

10:00-10:50 AM SESSION B

B1 Patient Engagement & Working with Patients Using the Portal
Steve Erban, MD

B2 Updates in the Care of the Diabetic Patient
Samir Malkani, MD

B3 Updates in Birth Control for Primary Care
Katharine Barnard, MD &
Stephanie Carter-Henry, MD

10:50-11:05 PM BREAK

11:10 -12:00 PM SESSION C

C1 Updates in Esophagitis
Jennifer Lightdale, MD

C2 CHF Update, 2020
Theo Meyer, MD

C3 Updates on Concussion Evaluation
John (Herb) Stevenson, MD

12:00-12:50 PM LUNCH

1:00-1:50 PM SESSION D

D1 Asthma Update 2020
Oren Schafer, MD

D2 In-Flight Medical Emergencies
Theodore Macnow, MD

D3 Pain Management in the Opioid Epidemic Era
Pam Tsinteris, MD

2:00-2:50 PM SESSION E

E1 Evaluation of Dementia & Alzheimer's
Brian Silver, MD

E2 Genetic Testing for the Primary Care Provider
Beverly Hay, MD & Helen Lyon, MD

E3 Primary Care Approach to Low Back Pain
Amity Rubeor, MD

WEDNESDAY, APRIL 8, 2020

7:30-8:00 AM REGISTRATION

8:00-8:50 AM KEYNOTE:

**9:00-9:50 AM Physician Health & Well Being 2020:
A Discussion with UMass Chief Experience Officer
(CXO) – Steve Bird, MD**

SESSION F

**F1 Updates on the Opioid Crisis from the Director
of the UMass Opioid Task Force**

Kavita Babu, MD

F2 Acne & Alopecia

Laura Houk, MD

F3 Crystal Disease / Gout

Jonathan Cheah, MD

10:00-10:50 AM SESSION G

G1 Menopausal Symptoms & Their Treatment

Dhivya Kannabiran, MD

G2 Updates in Travel Medicine

Richard Glew, MD

**G3 What Primary Care Physicians Should Know
About High Drug Prices**

Jerry Gurwitz, MD

10:50-11:05 AM BREAK

11:10-12:00 PM SESSION H

**H1 End of Life Discussion for the Primary Care
Physician**

Joel Bauman, MD

**H2 Update – New and Changing Pathways in TKR
and THR**

David Ayers, MD

H1 PTSD for the Primary Care Physician

Amber Hewitt Cahill, MD

12:00-12:50 PM LUNCH

1:00-1:50 PM SESSION I

I1 Survivorship/Follow Up

Tara Roy, NP

**I2 Review of Board of Registration in Medicine
Mandates, Requirements, and Reporting**

Dennis Dimitri, MD, FAAFP & Brendan Abel, JD

2:00-2:50 PM SESSION J

J1 Infertility and IVF in 2020

John Yeh, MD

J2 Pre-operative Evaluation by PCP's

Pankaj Ksheersagar, MD

PRIMARY CARE DAYS 2019

Executive Planning Committee

William F. Corbett, MD

Senior Vice President, Community Practices
UMass Memorial Medical Group
Clinical Associate Professor of Medicine
University of Massachusetts Medical School

Dennis M. Dimitri, MD, FAAFP

Family Medicine and Community Health
UMass Memorial Medical Center
Professor of Family Medicine and Community Health
University of Massachusetts Medical School

Michael D. Kneeland, MD, MPH

Professor of Family Medicine and Community Health
University of Massachusetts Medical School

Peter J. Sell, D.O., FAAP

Associate Dean, Continuing Medical Education
Pediatric Hospitalist and Child Protection Program
Division of Critical Care Pediatrics
Associate Professor, Pediatrics
UMass Medical School

Program Faculty Members

Brendan Abel, JD	Dhivya Kannabiran, MD
Kavita Babu, MD	Khurshid Khurshid, MD
Katharine Barnard, MD	Pankaj Ksheersagar, MD
Joel Bauman, MD	Jennifer Lightdale, MD
Steven Bird, MD	Theodore Macnow, MD
Brian Busconi, MD	Samir Malkani, MD
Stephanie Carter-Henry, MD	Theo Meyer, MD
Jonathan Cheah, DO	Ira Ockene, MD
Dennis Dimitri, MD	Tara Roy, NP
Frank Domino, MD	Amity Rubeor, MD
Steve Erban, MD	Oren Schaefer, MD
Richard Glew, MD	Brian Silver, MD
Jerry Gurwitz, MD	Herb Stevenson, MD
Beverly Hay, MD	Pam Tsinteris, MD
Amber Hewitt Cahill, MD	John Yeh, MD
Laura Houk, MD	

Disclosure: It is the policy of the University of Massachusetts Medical School to ensure fair balance, independence, objectivity and scientific rigor in all activities. All faculty participating in CME activities sponsored by the University of Massachusetts Medical School are required to present evidence-based data, identify and reference off-label product use and disclose all relevant financial relationships with those supporting the activity or others whose products or services are discussed. Faculty disclosure will be provided in the program activity materials.

Registration fees:	Both days prior to 2/17/20	On & After 2/18/20	One Day Only
Physicians	\$325	\$350	\$220
All Other Health Professionals	\$225	\$250	\$170
Residents	\$115	\$125	\$60
Medical Students	\$50	\$55	\$30

In addition to all sessions your registration includes:

- Continental breakfast, coffee breaks, and luncheons
- A flash drive containing course materials

REGISTRATION, PAYMENT, CONFIRMATION and REFUND POLICY

Registrations for UMass Medical School CME programs are made via our secure online registration system. To register for this course, please visit the course website listed above.

At the end of the registration process you will have the choice of paying by credit card (Visa, MasterCard, or American Express). Postal, telephone, fax, and cash-payment registrations are **not** accepted.

Upon receipt of your paid registration, an email confirmation from UMass CME office will be sent to you. Be sure you included an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation and certificate.

Refunds, less an administrative fee of \$75 will be issued for cancellations received two weeks prior to the start of the course. No refund will be issued should cancellation occur less than two weeks prior. "No shows" are subject to the full course fee and no refunds will be issued.

On-Site Registration – Please note that on-site registration will be assessed an additional \$25 to the published pre-registration fee.



University of Massachusetts Medical School
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