THE BREAKTHROUGH PARENTING CURRICULUM

NAVIGATING TRAUMA ACROSS GENERATIONS



VIA ZOOM

April 22 - June 24, 2024

Mondays | 9 am -12 noon

30-minute break included



Trauma 101 The Impact of Trauma on Parenting

Navigating Trauma

BREAKTHROUGH
PARENTING
CURRICULUM
Across Generations



Hope & Healing



Tuning In & Connection



Compassionate Self-Care



Trauma-Informed
Parenting
Skills



The Breakthrough Parenting Curriculum: Navigating Trauma Across Generations is a 10-module course specifically designed to support parents who have been (or are at risk of being) involved with the child welfare system. It provides information for parents about the impact of trauma on themselves and their children, while offering skills, strategies and a community for understanding, healing, hope and growth.



bit.ly/breakthrough-23

Participants will receive a certificate after the conclusion of the training series Questions? Contact Diane Lanni at diane.lanni@umassmemorial.org









