

Diabetes

CENTER OF EXCELLENCE

Hypoglycemia Questionnaire

Hypoglycemia refers to low blood glucose (blood sugar) levels that drop below 70 mg/dL when you are taking medications that can cause low blood glucose. Significant hypoglycemia is considered below 54 mg/dL. If you use oral diabetes medications, ask your physician or diabetes educator whether hypoglycemia should be a concern for you.

1. Are you taking medication for your diabetes that can cause a low blood glucose?
Yes ___ No ___ I don't know ___
2. Within the last month, have you had any blood glucose levels under 70?
None ___ 1-2 ___ 3-5 ___ 6-10 ___ more than 10 times ___
3. Do you *feel* symptoms when your blood glucose is under 70?
Never ___ Sometimes ___ Always ___
4. Do you *show* symptoms when your blood glucose is under 70?
Never ___ Sometimes ___ Always ___
5. Do you carry something with you at all times, such as glucose tablets or gel with you to treat a low blood glucose?
Never ___ Sometimes ___ Always ___
6. Do you carry a snack with you to prevent a low blood glucose?
Never ___ Sometimes ___ Always ___
7. Within the last month, did someone else have to help you treat a low blood glucose because you were unable to do so? Yes ___ No ___
8. Do you check your blood glucose before you start to drive?
Never ___ Sometimes ___ Always ___
9. What blood glucose level do you think is too low to drive a car?
_____ I don't know _____
10. When you have a low blood glucose, do you know what caused it?
Never ___ Sometimes ___ Always ___
11. Do you have glucagon at home? Yes ___ No ___
If so, does someone know how to use it? Yes ___ No ___
12. What do *you* consider a low blood glucose that needs to be treated? _____