

**TO MAKE A REFERRAL,
PLEASE CONTACT US**

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<http://www.umassmed.edu/cttc/>



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Child Trauma Training Center

Linking Families, Training Providers, Informing Communities

1-855-LINK-KID

CHILD TRAUMA TRAINING CENTER (CTTC)

**CBH
KNOWLEDGE
CENTER**
Funded by the CBH Knowledge Center @
the MA Department of Mental Health

SAMHSA **NCTSN** The National Child Traumatic Stress Network

The Child Trauma Training Center

Child traumatic stress occurs when children and adolescents are exposed to traumatic events or traumatic situations, and this exposure overwhelms their ability to cope.



*Executive Director
Jessica Griffin*

Our Mission is to improve the health and well-being of youth throughout Massachusetts who have been affected by trauma.

The goals of CTTC are:

- 1) Improving the identification of trauma and traumatic stress symptoms in children by widely disseminating training for professionals;
- 2) Improving access to treatment for youth and families who have experienced trauma and adversity; and
- 3) Broadly disseminate high quality, family-focused, culturally competent training in evidence-based treatment to clinicians who work with trauma-affected youth.

Trauma-Informed Trainings

We provide a variety of trainings in childhood trauma to help develop, enhance and strengthen the ability of child-serving professionals to identify and screen for trauma-related symptoms, and to make referrals to evidence-based trauma treatments. Professional groups we collaborate with include: pediatricians and medical professionals, law enforcement, courts, attorneys, schools, child welfare, advocacy groups, and others.

LINK-KID A Centralized Referral System

We have established a toll-free number (1-855-LINK-KID) for families and the community to streamline the link between children in need of evidence-based trauma treatment and mental health providers who have been trained in these treatments.

We have developed a large network of providers across the state who have been trained in trauma-focused EBTs. The primary goal of LINK-KID is to help youth receive quality treatment for trauma as soon as possible, and decrease wait times while providing support.

We are able to make referrals to treatment for ages 0-22. Treatments include Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT), Child Parent Psychotherapy (CPP), Attachment, Self-Regulation, and Competency (ARC), Parent Child Interaction Therapy (PCIT), and Alternatives for Families: Cognitive-Behavioral Therapy (AF-CBT).

Evidence-Based Trauma Treatment Training (TF-CBT)

- ◆ We offer training and consultation in Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) to clinicians and supervisors in order to increase the number of providers trained in evidence-based trauma treatment in our state.
- ◆ TF-CBT is the most rigorously tested treatment for trauma in children, with research supporting that TF-CBT is more effective than therapy as usual for traumatized youth.
- ◆ TF-CBT is a time-limited, components-based trauma-focused model that involves child sessions, parent sessions, and combined parent-child sessions.
- ◆ The goal for providing training and consultation in TF-CBT is to increase access to treatment services for youth and families who have experienced trauma and families throughout Massachusetts.
- ◆ We will be providing additional advanced training in applications of TF-CBT for Lesbian, Gay, Bisexual, Transgendered, and Questioning (LGBTQ) youth, Commercially Sexually Exploited Children (CSEC), youth of substance abusing parents, and Transition Age Youth.