



Certificate Program in Primary Care Behavioral Health (PCBH)

For more than a decade, psychologists, social workers, nurses, counselors, physicians, and psychiatrists have learned from this course how to develop their behavioral health skills to become productive and valued team members in primary care, helping their practices embrace integration and provide better, more efficient patient care.

Our online courses are self-paced, interactive and built on sound pedagogical tenets for adult learners.

What our students say:

"You should know that we use the PCBH course as a standard of measure for any applicant..."

"The best formal preparation for working as a behavioral health professional within primary care."

"...having gone through the course, and seeing the amazing number of resources I think it was an excellent value. In fact this was one of the best CME courses I have taken. "

"After working as a clinical researcher in primary care for many years, I enrolled in course hoping to pick up some further perspectives and insights. I not only broadened my perspective on primary care behavioral health, but learned far more about my field than I ever anticipated. This course was incredibly valuable in my daily work with patients and providers and has had a profound impact on how I view my role within the primary care system. Any mental/ behavioral health specialist currently working in, or contemplating working in primary care

Umass CIPC leads the way for Behavioral Health Professionals in Primary Care Practice

The Complete Certificate Program

- is a comprehensive course covering an array of vital Behavioral Health topics
- is delivered on demand and includes video presentations with UMass faculty and leading experts, rich graphics, progress assessments and downloadable readings and resources.
- features dialogues between practicing primary care physicians and BH clinicians
- offers regularly scheduled live online Q&A sessions with Course Director, Dr. Alexander Blount, EdD, CIPC Director Emeritus or other presenters
- provides opportunities to engage with other practitioners and colleagues on BH issues
- offers CEs and CMEs for many disciplines
- is offered four times from September through June; individual tuition for the complete program is \$1600 with CE/CME; UMass and group discounts are available

Curriculum Topics in Primary Care Behavioral Health

Complete all 22 modules for the PCBH Certificate – 36 hours of CE/CME credit

Creating and Managing an Integrated Primary Care Practice

1. Introduction to Integrated Primary Care
2. Transforming the Organization
3. Transforming Clinical Practice

Bio-Psycho-Social Treatment

4. Evidence Based Therapies and the Culture of Evidence
5. Patient Activation
6. Psychotropic Medication
7. Medically Unexplained Symptoms

Dealing with Substances and Pain in Primary Care

8. Substance Abuse in Primary Care
9. Health Behavior Change
10. Medical Care of Chronic Pain
11. Behavioral Care of Chronic Pain
12. Relaxation Therapies

Behavioral Health and Pediatrics

13. Behavioral Health in the Primary Care of Children
14. Practicing as a Behavioral Health Clinician in Pediatric Care
15. Challenging Populations

Serious Mental Illness

16. Serious Mental Illness
17. SMI Health Behavior

Population Health in Primary Care

18. Caring for Chronic Illness
19. Screening and Care Management

Families, Community, Culture

20. The Family in Primary Care
21. Geriatrics
22. Culture and Primary Care

If you can't commit the time needed for the full 36 hour certificate course, or if you need to focus only on a specific topic, we offer the same content divided into 7 Online, on-demand **Short Courses** in selected Behavioral Health topics.



The Complete Certificate Program \$1600 with CE/CME

- 22 modules, accessible 24/7 once the course opens
- invitations to Q&A sessions with Dr. Alexander Blount
- 36 hours CE/CME

Each Short Course is \$300 with CE/CME

- 7 Thematic Short Courses available
- CE/CME varies with Short Course content