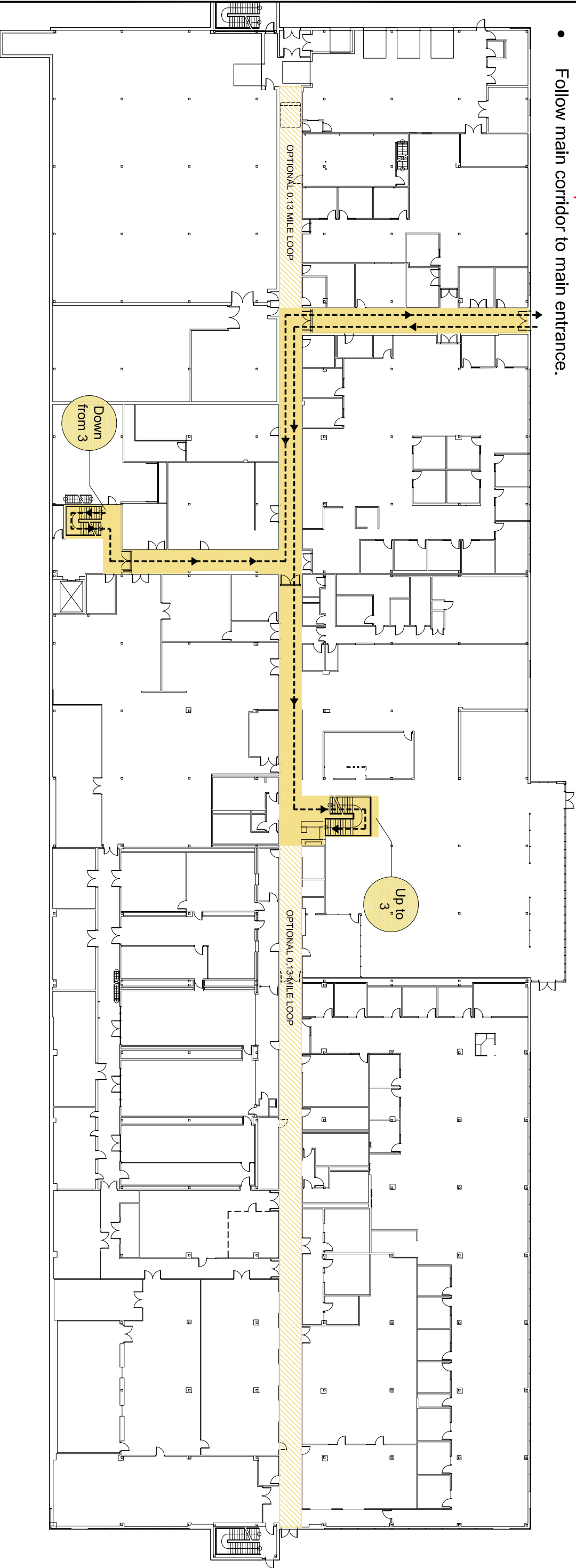


— 1 Lap = .42 miles

Stairs are included in measured walk

- Start at main entrance.
- Travel to the second stair way off of the main corridor.
- Take stairs down to 2nd floor.
- Travel towards Human Resources.
- Left at Human Resources main entrance.
- Right toward Building 2 bridge.
- Cross bridge into Building 2 and take stairs on the right to 1st floor.
- Follow loop as noted and take stairs back to the 2nd floor.
- Cross bridge into Building 1.
- Turn left and follow until you reach the stair well on the left.
- Take stairwell up to 3rd floor.
- Follow main corridor to main entrance.



South Street 1 Second Floor Suggested Indoor Walking Route

Brought to you by:

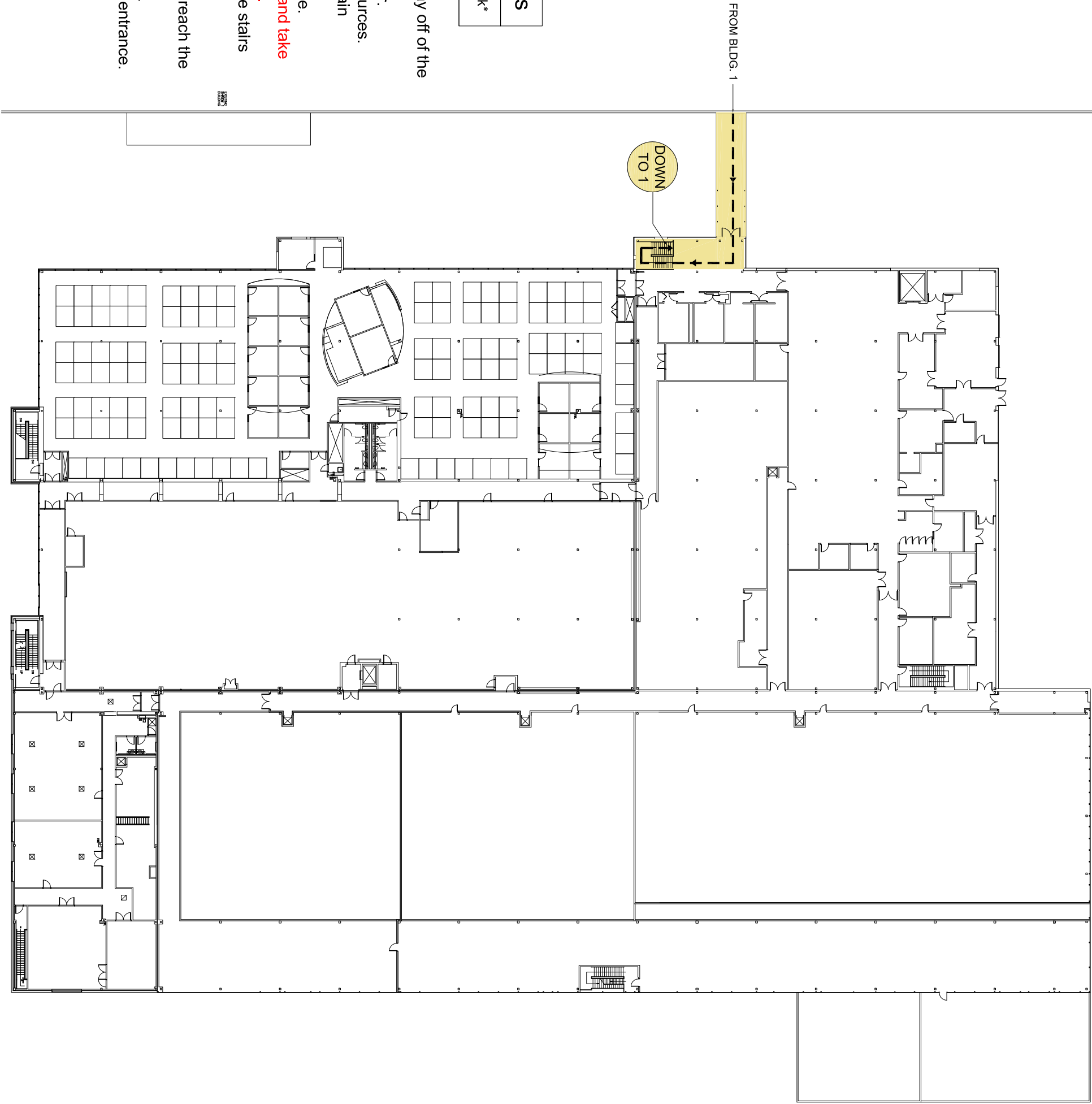
The
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Committee

South Street 2
Second Floor
Suggested Indoor Walking Route

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Wellness
Committee

Revised on 12-17-09



1 Lap = .42 miles

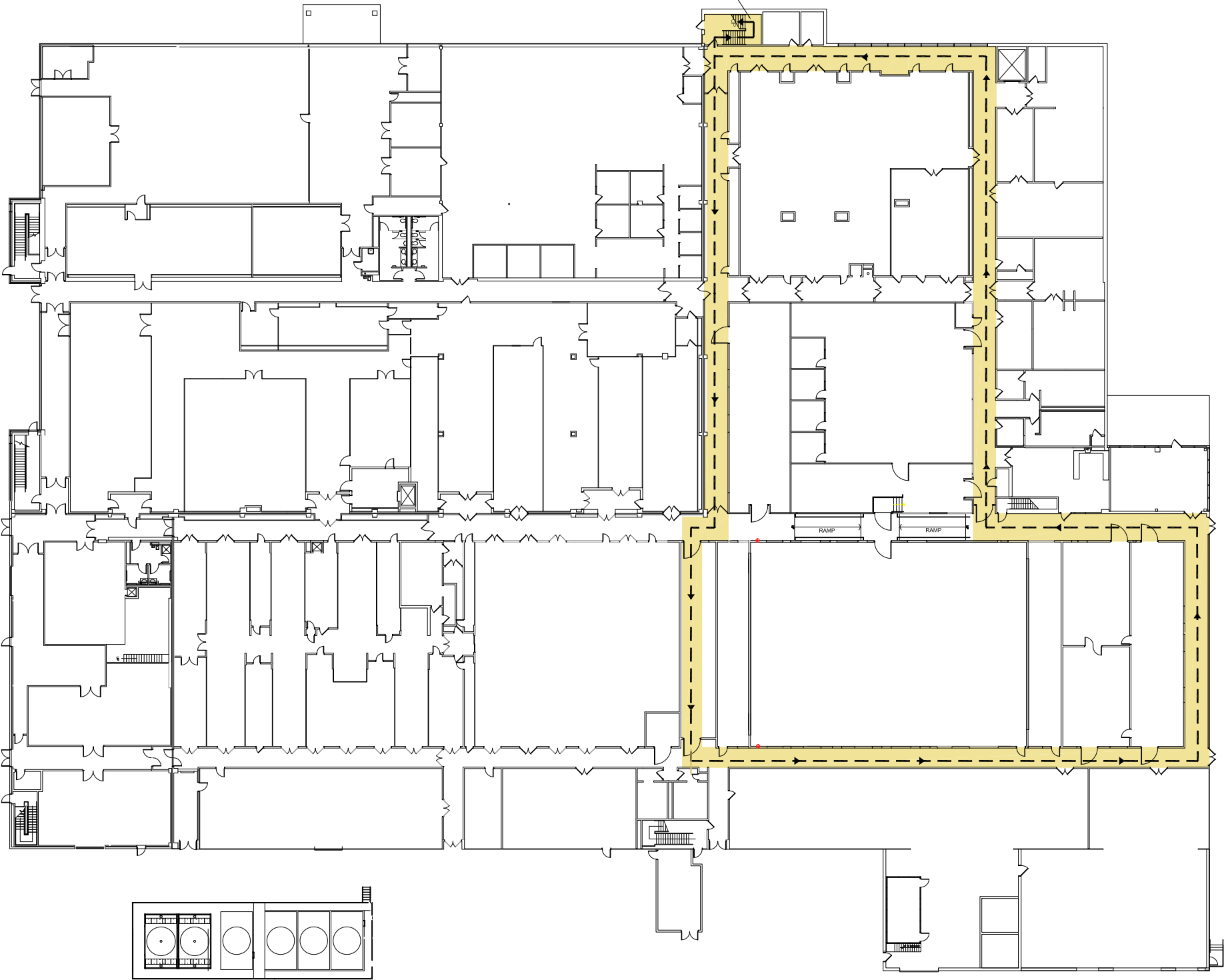
Stairs are included in measured walk

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- Take stairwell up to 3rd floor.
- Follow main corridor to main entrance.

-----	1 Lap = .42 miles
Stairs are included in measured walk	

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- Follow loop as noted and take stairs back to the 2nd floor.
- Cross bridge into Building 1.
- Turn left and follow until you reach the stair well on the left.
- Take stairwell up to 3rd floor.
- Follow main corridor to main entrance.

DOWN
FROM 2
UP TO 2



**South Street 2
First Floor
Suggested Indoor Walking Route**

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Wellness
Committee**

Revised on 01-04-10