

----- 1 Lap = .14 mile\*

\* Mileage includes stairs from 1st floor, .03. See first floor map for additional walking route.

**Benedict Building**

**Hospital**

**Lakeside Addition**

**Clinical Wing**

**Loading Dock**



**UMass Medical School  
A Level  
Suggested Indoor Walking Route**

Brought to you by:

**The  
Wellness  
Committee**

Revised on 9-23-09