BaccMD Book of the Month Club Reads

Upcoming Reads

- Friday, September 29, 2023 "<u>Atomic Habits: An Easy & Proven Way to Build Good</u> <u>Habits & Break Bad Ones</u>" by James Clear (<u>Add to Calendar</u>)
- Tuesday, October 31, 2023 "<u>An American Sickness: How Healthcare Became Big</u> <u>Business and How You Can Take It Back</u>" by Elisabeth Rosenthal (<u>Add to Calendar</u>)
- Thursday, November 30, 2023 "Mr. Humble and Dr. Butcher: A Monkey's Head, the Pope's Neuroscientist, and the Quest to Transplant the Soul" by Brandy Schillace (<u>Add</u> <u>to Calendar</u>)
- Friday December 29, 2023 "<u>Hundreds of Interlaced Fingers: A Kidney Doctor's Search</u> <u>for the Perfect Match</u>" by Vanessa Grubbs, MD (<u>Add to Calendar</u>)
- Wednesday, January 31, 2024 "<u>An Elegant Defense: The Extraordinary New Science</u> of the Immune System: A Tale in Four Lives" by Matt Ritchel (<u>Add to Calendar</u>)
- Thursday February 29, 2024 "<u>Thinking, Fast and Slow</u>" by Daniel Kahneman (<u>Add to</u> <u>Calendar</u>)
- *Friday, March 29, 2024 "*We Are All Perfectly Fine: A Memoir of Love, Medicine and <u>Healing</u>" by Jillian Horton, MD (<u>Add to Calendar</u>)
- Tuesday, April 30, 2024 "In Shock: My Journey from Death to Recovery and the <u>Redemptive Power of Hope</u>" by Rana Awdish (<u>Add to Calendar</u>)
- *Friday, May 24, 2024* "<u>The Other Dr. Gilmer: Two Men, a Murder, and an Unlikely Fight</u> <u>for Justice</u>" by Benjamin Gilmer, MD (<u>Add to Calendar</u>)
- Friday, June 28, 2024 "<u>Open Heart: A Cardiac Surgeon's Stories of Life and Death on</u> <u>the Operating Table</u>" by Stephen Westaby, PhD, FRCS (<u>Add to Calendar</u>)

Past Reads

- "Every Deep-Drawn Breath: A Critical Care Doctor on Healing, Recovery, and Transforming Medicine in the ICU" by Wes Ely, MD
- "The Beauty in Breaking: A Memoir" by Michele Harper, MD
- "<u>Together: The Healing Power of Human Connection in a Sometimes Lonely World</u>" by Vivek H. Murthy, MD
- "<u>Under the Skin: The Hidden Toll of Racism on American Lives and on the Health of Our Nation</u>" by Linda Villarosa
- "<u>The Doctors Blackwell: How Two Pioneering Sisters Brought Medicine to Women and Women</u> to Medicine" by Janice P. Nimura
- "<u>When We Do Harm: A Doctor Confronts Medical Error</u>" by Danielle Ofri, MD
- "Healing: Our Path from Mental Illness to Mental Health" by Thomas Insel, MD
- "The Measure of Our Days: A Spiritual Exploration of Illness" by Jerome Groopman
- "The First Cell: And the Human Cost of Pursuing Cancer to the Last" by Azra Raza, MD
- "<u>How We Live</u>" by Sherwin Nuland
- "Kill as Few Patients as Possible" by Oscar London

- "The Real Doctor Will See You Shortly: A Physician's First Year" by Matt McCarthy, MD
- "<u>Womb With a View: Tales from the Delivery, Emergency and Operating Rooms</u>" by Rebecca Levy-Gantt, DO
- "Letter to a Young Female Physician: Notes from a Medical Life" By Suzanne Koven, MD
- "Do No Harm: Stories of Life, Death and Brain Surgery" by Henry Marsh, MD
- "Every Patient Tells a Story" by Lisa Sanders
- "<u>When the Air Hits Your Brain</u>" by Frank Vertosick Jr., MD
- "<u>The Butchering Art: Joseph Lister's Quest to Transform the Grisly World of Victorian Medicine</u>" by Lindsey Fitzharris, PhD
- "Destiny of the Republic: A Tale of Madness, Medicine and the Murder of a President" by Candice Millard
- "<u>Chang an Eng</u>" by Darin Strauss
- "When Invisible Children Sing" by Dr. Chi Huang
- "<u>Heart: A History</u>" by Sandeep Jauhar, MD
- "The Radium Girls: The Dark Story of America's Shining Women" by Kate Moore
- "Brain on Fire: My Month of Madness" by Susannah Cahalan
- "<u>On Apology</u>" by Aaron Lazare
- "<u>A Leg to Stand On</u>" by Oliver Sacks, MD
- "<u>A Long Way Gone: Memoires of a Child Soldier</u>" by Ismael Beah
- "<u>At the Will of the Body: Reflections on Illness</u>" by Arthur Frank
- "How the Garcia Girls Lost Their Accents" by Julia Alvarez
- "<u>Bellevue: Three Centuries of Medicine and Mayhem at America's Most Storied Hospital</u>" by David Oshinky, PhD
- "<u>Black Man in a White Coat: A Doctor's Reflections on Race and Medicine</u>" by Damon Tweedy, MD
- "<u>The Doctor Stories</u>" by William Carlos Williams, MD
- "Grunt: The Curious Science of Humans at War" by Mary Roach
- "Doing Harm: The Truth about How Bad Medicine and Lazy Science Leave Women Dismissed, Misdiagnosed, and Sick" by Maya Dusenbery
- "How Doctors Think" by Jerome Groopman, MD
- "Complications: A Surgeon's Notes on an Imperfect Science" by Atul Gawande, MD
- "<u>Hot Lights, Cold Steel: Life, Death and Sleepless Nights in A Surgeon's First Years</u>" by Michael Collins, MD
- "Better: A Surgeon's Notes on Performance" by Atul Gawande, MD
- "The Soul of a Doctor" by Susan Poris, MD., Sachin H Jain, Gordon Harper, MD
- "How We Die: Reflections of Life's Final Chapter" by Sherwin B. Nuland
- "The Optimism Bias" By Tali Sharot
- "<u>Rosalind Franklin: The Dark Lady of DNA</u>" by Brenda Maddox
- "Letters to a Young Doctor" by Richard Selzer
- "The Man Who Mistook His Wife for a Hat and Other Clinical Tales" by Oliver Sacks, MD
- "The House of God" by Samuel Shem

- "<u>Unbroken Brain: A revolutionary New Way of Understanding Addiction</u>" by Maia Szalavitz
- "<u>My Own Country: A Doctor's Story</u>" Abraham Verghese
- "Grit: The Power of Passion and Perseverance" by Angela Duckworth
- "Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop" by Anna Lembke, MD
- "<u>In the Land of Invisible Women: A Female Doctor's Journey in the Saudi Kingdom</u>" by Qanta A. Ahmed
- "Darkness Visible: A Memoir of Madness" by William Styron
- "<u>Stiff: The Curious Lives of Human Cadavers</u>" by Mary Roach
- "<u>One Hundred Days: My Unexpected Journey from Doctor to Patient</u>" by David Biro
- "<u>Three Cups of Tea: One Man's Mission to Promote Peace One School at a Time</u>" by Greg Mortenson
- "<u>Evicted</u>" by Matthew Desmond
- "<u>Cutting for Stone</u>" by Abraham Verghese, MD
- "Still Alice" by Lisa Genova
- "Final Exam: A Surgeon's Reflection of Mortality" by Pauline Chen, MD
- "<u>Tuesdays with Morrie: An Old Man, A Young Man, and Life's Greatest Lesson</u>" by Mitch Albom
- "County: Life, Death, and Politics in Chicago" by David Ansel, MD
- "<u>The Ghost Map</u>" by Steven Johnson
- "Adventures of a Female Medical Detective" by Mary Guinan, PhD, MD
- "The Checklist Manifesto: How to Get Things Right" by Atul Gawande
- "<u>Mountains Beyond Mountains: The Quest of Dr. Paul Farmer</u>" by Tracy Kidder
- "What Doctors Feel: How Emotions Affect the Practice of Medicine" by Danielle Ofri, MD
- "<u>America's Bitter Pill: Money, Politics, Backroom Deals, and the Fight to Fix Our Broken</u> <u>Healthcare System</u>" by Steven Brill
- "The Organized Mind" by Daniel J. Levitin
- "The Boys in the Boat" by Daniel James Brown
- "When Breath Becomes Air" by Paul Kalanithi
- "<u>The Mind's Eye</u>" by Oliver Sacks
- "<u>My Beloved World</u>" by Sonia Sotomayor
- "<u>Ghost Boy</u>" by Martin Pistorius
- "<u>I am Malala</u>" by Malala Yousafzai with Christina Lamb
- "The Warmth of Other Suns" by Isabel Wilkerson
- "<u>Theodore Rex</u>" by Edmond Morris
- "<u>Unbroken</u>" by Laura Hillenbrand
- "Blood: An Epic History of Medicine and Commerce" by Douglass Starr
- "<u>Blindspot: Hidden Biases of Good People</u>" by Mahzarin R. Banaji & Anthony G. Greenwald
- "<u>Being Mortal</u>" by Atul Gawande